

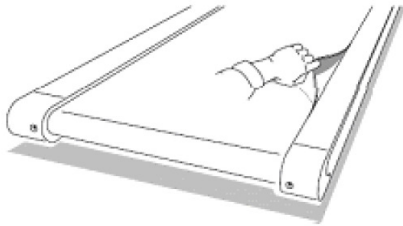
## DECK WAXING PROCEDURE

To ensure the maximum life of your Vision Fitness treadmill, follow these steps in regular intervals.

SLicSTik: PN ZMS1000369

### WAXING PROCEDURE:

1. Unplug the treadmill.
2. Loosen the rear roller bolts to allow the belt to be lifted up from the sides of the deck. Clean and clear the deck of foreign debris. Inspect the deck for signs of wear. If large deep scratches are present or the black coating has worn to wood color the deck should be flipped to a good side or replaced.
3. If surface is OK, lift the side of the belt and insert SLicSTik under the belt to wax the surface. Generously apply the SLicSTik to the deck from front to back using a back and forth movement concentrating on the center surface area of the deck.
4. Remove the SLicSTik from under the belt and adjust to proper tension. Plug the treadmill in and it is ready to use.



A Vision Fitness treadmill deck should be lightly waxed every 500 miles to insure maximum life of the treadmill components, but it is better to wax more often than to wait to long. However it is important to note that over-waxing can have a negative effect, such as belt thumping or excess wear of components.

**\*\* Note \*\***

- One SLicSTik should last 25-30 separate applications. **DO NOT APPLY THE WHOLE STICK TO THE UNIT IN ONE APPLICATION.**
- Please check your specific owner's manual for maintenance instructions. Some belts and decks are maintenance free.\*

To assure maximum life of the components without over-waxing, the following schedule may be followed:

<b>FREQUENCY OF USE</b>	<b>TYPE OF USE</b>	<b>FREQUENCY OF APPLICATION</b>
1-5hrs per week	walking	every 12 months
6-10hrs per week	walking	every 6 months
1-5hrs per week	running	every 6 months
6-10hrs per week	running	every 4 months
10+hrs per week	running	every 2 months

\*2009 product and after only.