

- Open-front design gives users freedom of movement
- Includes integrated spotter stands, adjustable safety bars and straight chin bar, plus bar, band and weight storage
- Available without integrated spotter stands (VY-D690-7N)
- Product Weight = 174 kg / 385 lbs.
- Overall Dimensions (L x W x H) = 137.9 x 186.1 x 213.4 cm / 54.3" x 73.3" x 84"



**DIP BARS – DOPT3**

**Product Weight:** 16 kg / 35 lbs.

**Overall Dimensions (L x W x H):** 89 x 70 x 25 cm / 35" x 27" x 10"

- Used on any Half Rack for body-weight dips
- Available only in Ridge Black

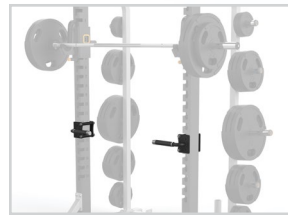


**2-PEG BAND PEGS – DOPT5**

**Product Weight:** 7 kg / 15 lbs.

**Overall Dimensions (L x W x H):** 50 x 6 x 25 cm / 19.5" x 2.25" x 9.5"

- Band pegs provide added training variety
- Available only in Ridge Black



**SQUAT HANDLES – DOPT6**

**Product Weight:** 8 kg / 16 lbs.

**Overall Dimensions (L x W x H):** 23 x 23 x 13 cm / 9" x 9" x 5"

- Squat handles can be set at any height on all rack uprights
- Available only in Ridge Black



**STEP-UP PLATFORM – DOPT7**

**Product Weight:** 19 kg / 41 lbs.

**Overall Dimensions (L x W x H):** 81 x 61 x 36 cm / 32" x 24" x 14"

- Adjustable height platform provides additional body-weight exercises for use with Half Racks
- Available only in Ridge Black



**CUSTOM PLATFORM LOGO – OPT10**

**Product Weight:** N/A

**Overall Dimensions (L x W x H):** N/A

- Display your facility logo proudly with this option



**PLATFORM RAMP – OPT11**

**Product Weight:** 10 kg / 22 lbs.

**Overall Dimensions (L x W x H):** 15 x 107 x 8 cm / 6" x 42" x 3"

- Ramp allows for gradual incline to the Half Rack platform
- Replaces standard platform framework
- Available only in Ridge Black



**LAND MINE ATTACHMENT – DOPT13**

**Product Weight:** 9 kg / 20 lbs.

**Overall Dimensions (L x W x H):** 48 x 30 x 13 cm / 19" x 12" x 5"

- Attaches to any Half Rack for rotational training (bar not included)
- Available only in Ridge Black



**NAMEPLATE – UNIVERSAL MOUNT – OPT14U**

**Product Weight:** 2 kg / 5 lbs.

**Overall Dimensions (L x W x H):** 102 x 1 x 20 cm / 40" x .25" x 8"

- Display your logo proudly above your Half Rack
- Same as frame color

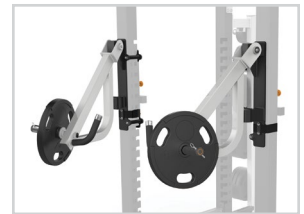


**CORE HANDLE – OPT16**

**Product Weight:** 5 kg / 10 lbs.

**Overall Dimensions (L x W x H):** 48 x 79 x 5 cm / 19" x 31" x 2"

- Used with an Olympic bar and Land Mine Attachment for added training variety
- Available only in Ridge Black



**JAMMIN ARMS – DOPT17**

**Product Weight:** 54 kg / 118 lbs.

**Overall Dimensions (L x W x H):** 94 x 53 x 64 cm / 37" x 21" x 25"

- Angled pressing arms can be placed at 13 different heights for added training variety
- Available in standard colors

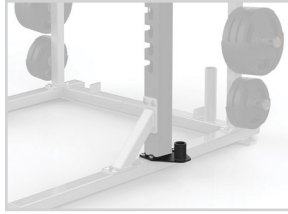


**JAMMIN ARMS W/BAND ATTACHMENT - DOPT17B**

**Product Weight:** 64 kg / 140 lbs.

**Overall Dimensions (L x W x H):** 92 x 59 x 94 cm / 36" x 23" x 37"

- Angled pressing arms with band attachments for added training variety with speed and resistance
- Available in standard colors



**SAFETY ARM STORAGE (PAIR) - OPT23**

**Product Weight:** 3 kg / 6 lbs.

**Overall Dimensions (L x W x H):** 20 x 20 x 8 cm / 8" x 8" x 3"

- Bolt-on storage for safety arms provides easy access to arms when not in use
- Available only in Ridge Black



**VARSIY DOCKING KIT W/O PLATFORM - DOPT29**

**Product Weight:** 2 kg / 4 lbs.

**Overall Dimensions (L x W x H):** 21 x 6 x 11 cm / 8" x 2" x 4"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack without a platform
- Available only in Ridge Black

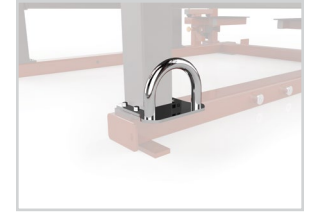


**VARSIY DOCKING KIT W/ PLATFORM - DOPT29P**

**Product Weight:** 2 kg / 2.5 lbs.

**Overall Dimensions (L x W x H):** 21 x 6 x 6 cm / 8" x 2" x 2"

- Connects MG-A695 and VY-D695 Horizontal Adjustment Benches directly to rack when using a platform
- Available only in Ridge Black



**BATTLE ROPE ATTACHMENT - DOPT31**

**Product Weight:** 3 kg / 6.5 lbs.

**Overall Dimensions (L x W x H):** 18 x 23 x 17 cm / 7" x 9" x 6.5"

- For rope training as an anchor point on any version of our Varsity Half Racks
- Available only in Chrome



**BUMPER PLATE STORAGE - OPT39D**

**Product Weight:** 33 kg / 72 lbs.

**Overall Dimensions (L x W x H):** 55 x 77 x 201 cm / 22" x 31" x 80"

- Weight horn spacing set to accommodate bumper plates
- Replaces standard equipment
- Color: same as frame choice, standard colors

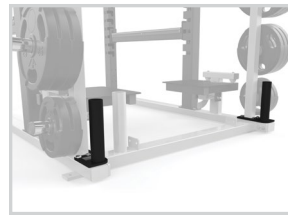


**ROTATING CHIN HANDLES - OPT42**

**Product Weight:** 11 kg / 23 lbs.

**Overall Dimensions (L x W x H):** 110 x 16.5 x 33 cm / 43" x 6.5" x 13"

- Handles rotate into multiple positions for added exercise variety
- Replaces standard equipment
- Available only in Ridge Black



**BOLT-ON OLYMPIC BAR HOLDER (PAIR) - DOPT44**

**Product Weight:** 5.7 kg / 12.5 lbs.

**Overall Dimensions (L x W x H):** 23.2 x 10.2 x 27 cm / 9.25" x 4" x 10.6"

- Two bolt-on vertical Olympic bar holders
- Available only in Ridge Black

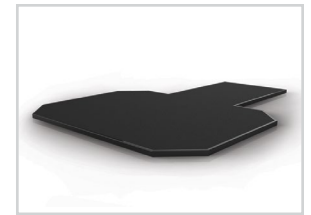


**PLATFORM W/HARDWOOD INSERT - D690P**

**Product Weight:** 189 kg / 415 lbs.

**Overall Dimensions (L x W x H):** 305 x 254 x 7 cm / 120" x 100" x 2.5"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts
- Hardwood center insert provides optimum foot grip and stability during explosive Olympic lifts



**SOLID RUBBER SURFACE PLATFORM - DRP90**

**Product Weight:** 214 kg / 470 lbs.

**Overall Dimensions (L x W x H):** 305 x 254 x 7 cm / 120" x 100" x 2.5"

- Durable rubber training surface to absorb impact, dampen noise and protect flooring during Olympic lifts