

INTB01



- Incorporates easily into yoga practice and programming
- Incline training platform incorporates the effects of gravity to make movements easier or harder
- Users can train above and below the board for increased training variety and range of motion
- Hourglass shape enables users to comfortably straddle the board for easier transitions between incline and decline movements
- Extending the length of the boards, the Ergo-grip rails provide stability and help anchor the body so that users can deepen stretches and explore new movements
- Includes one pair of In-Trinity sticks and straps for enhanced training variety



TECH SPECS

Product Dimensions (L x W x H)	194 x 76 x 56 cm / 76" x 30" x 22"
Product Weight	28 kg / 62 lbs.
Max User Weight	113.6 kg / 250 lbs.



Detachable Comfort Mat

Eco-friendly mat provides the perfect combination of comfort and grip for enhanced use. Mat removes easily for cleaning.



In-Trinity Sticks

In-Trinity sticks provide length and light resistance to assist with balance and improved hand-eye coordination and reaction time.



In-Trinity Straps

Quick-connect In-Trinity straps enhance stretching and provide support, enabling users to confidently attempt more challenging movements.



Optional In-Trinity Storage Rack

The vertical mobile storage rack simplifies class set-up and equipment storage. It accommodates five boards, and it comes with a durable storage pack that holds five pairs of sticks and straps, spray bottle and towel.