



612T & 622T Service Manual

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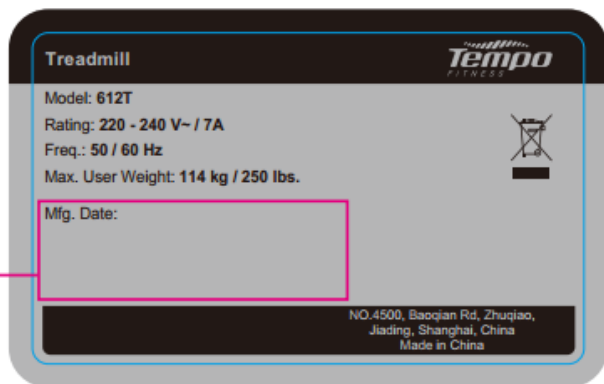
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1.1 SERIAL NUMBER LOCATION

612T



○ Blue, Do Not Print 藍色為刀模線

○ Manufacture Data (print by factory)
S/N (print by factory)

● PT 877C

● PT Black C

622T



2.1 PREVENTATIVE MAINTENANCE

Preventative maintenance is the key to smoothly operating equipment, as well as keeping the user's liability to a minimum. Equipment needs to be inspected at regular intervals. Defective components must be replaced immediately. Improperly working equipment must be kept out of use until it is repaired. Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so.

EVERY DAY

Clean and inspect, following these steps:

- Turn off the treadmill with the ON / OFF switch, then unplug the power cord at the wall outlet.
- Wipe down the running belt, deck, motor cover, and console casing with a damp cloth. Never use solvents, as they can cause damage to the treadmill.
- Inspect the power cord. If the power cord is damaged, stop using and contact Customer Technical Support.
- Make sure the power cord is not underneath the treadmill or in any other area where it can become pinched or cut.
- Check the tension and alignment of the running belt. Make sure that the treadmill belt will not damage any other components on the treadmill by being misaligned.
- If any labels are damaged or illegible, contact Customer Technical Support for replacements.

EVERY WEEK

Clean underneath the treadmill following these steps:

- Turn off the treadmill with the ON / OFF switch, then unplug the power cord at the wall outlet.
- Fold the treadmill into the upright position, making sure that the lock latch is secured.
- Move the treadmill to a remote location.
- Wipe or vacuum any dust particles or other objects that may have accumulated underneath the treadmill.
- Return the treadmill to its previous position.

EVERY MONTH - IMPORTANT!

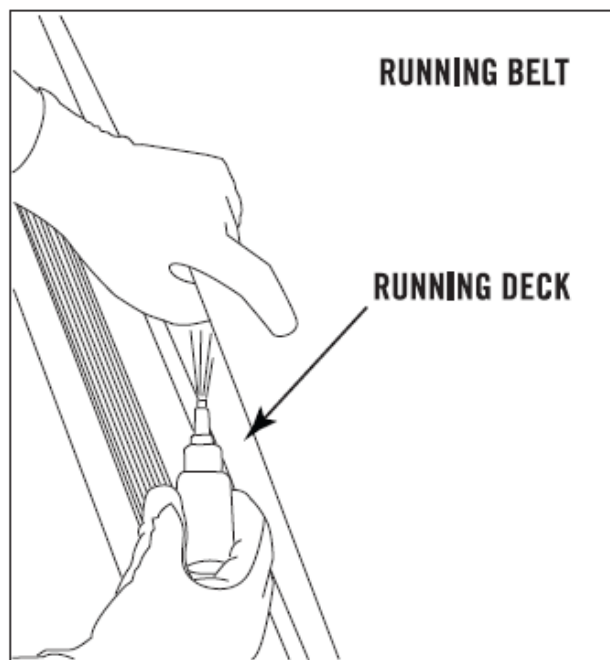
- Turn off the treadmill with the ON / OFF switch, then unplug the power cord at the wall outlet.
- Inspect all assembly bolts of the machine for proper tightness.
- Remove the motor cover. Wait for ALL display screens to be off.
- Clean the motor and lower board area to eliminate any lint or dust particles that may have accumulated. Failure to do so may result in premature failure of key electrical components.
- Vacuum and wipe down the belt with a damp cloth. Vacuum any black / white particles that may accumulate around the unit. These particles may accumulate from normal treadmill use.

2.1 PREVENTATIVE MAINTENANCE-CONTINUED**EVERY 6 MONTHS OR 150 MILES**

It is necessary to lubricate your treadmill running deck every six months or 150 miles (240 kilometers) to maintain optimal performance. Once the treadmill reaches 150 miles (240 kilometers), the console will display the message “**LUBE**” or “**LUBE BELT**”. The treadmill will not operate while the message is showing. Hold ‘**STOP**’ for 5 seconds to suspend message for 5 miles.

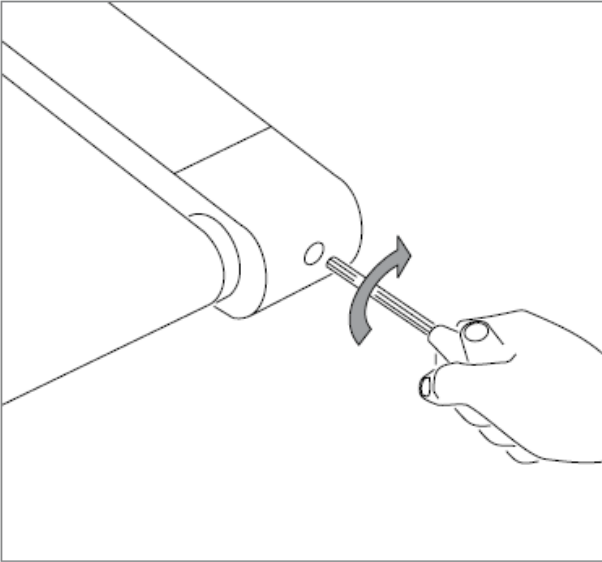
Your treadmill came with a bottle of lubricant which can be used for two applications.

- Turn off the treadmill with the on/off switch, then unplug the power cord at the wall outlet.
- Loosen both the rear roller bolts. (For best results, place two removable marks on both sides of the frame and note roller position). Once the belt is loosened, take the bottle of lubricant and apply it to the entire top surface of the running deck. Tighten both rear roller bolts (matching up the marks for proper position) to original position. After you have applied lubricant, plug in the power cord, insert the safety key, start the treadmill and walk on the belt for two minutes to spread the lubricant.
- Lubricate the air shocks with Teflon based spray.
- When lubrication is complete, hold “elevation ▲ & Stop” both keys 5 seconds then the message will be clean.



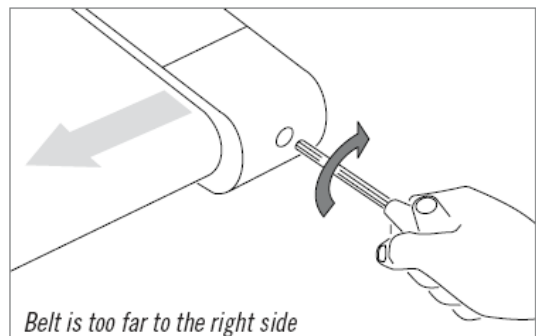
2.2 TENSIONING & CENTERING THE RUNNING BELT

If you can feel a slipping sensation when running on the treadmill, the running belt must be tightened. In most cases, the belt has stretched from use, causing the belt to slip. This is a normal and common adjustment. To eliminate this slipping, turn the treadmill off and tension both the rear roller bolts using the supplied Allen wrench, turning them $\frac{1}{4}$ turn to the right as shown. Turn the treadmill on and check for slipping. Repeat if necessary, but never turn the roller bolts more than $\frac{1}{4}$ turn at a time. Belt is properly tensioned when the slipping sensation is gone.

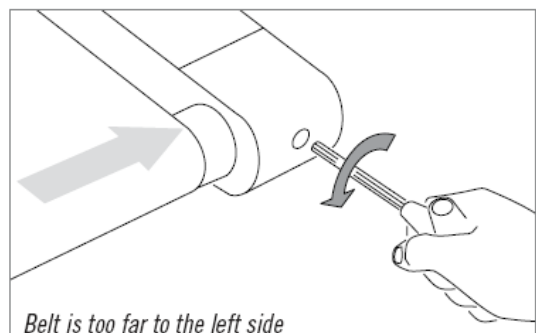


The running belt has been properly adjusted at the factory before it was shipped. At times the belt can move off-center during shipment. Before operating the treadmill, make sure the belt is centered and remains centered to maintain smooth operation.

If the running belt is too far to the right side: With the treadmill running at 1 mph, turn the left adjustment bolt counter-clockwise $\frac{1}{4}$ turn at a time (using the supplied Allen wrench). Check the belt alignment. Allow belt to run a full cycle to gauge if more adjustment is needed. Repeat if necessary, until the belt remains centered during use.

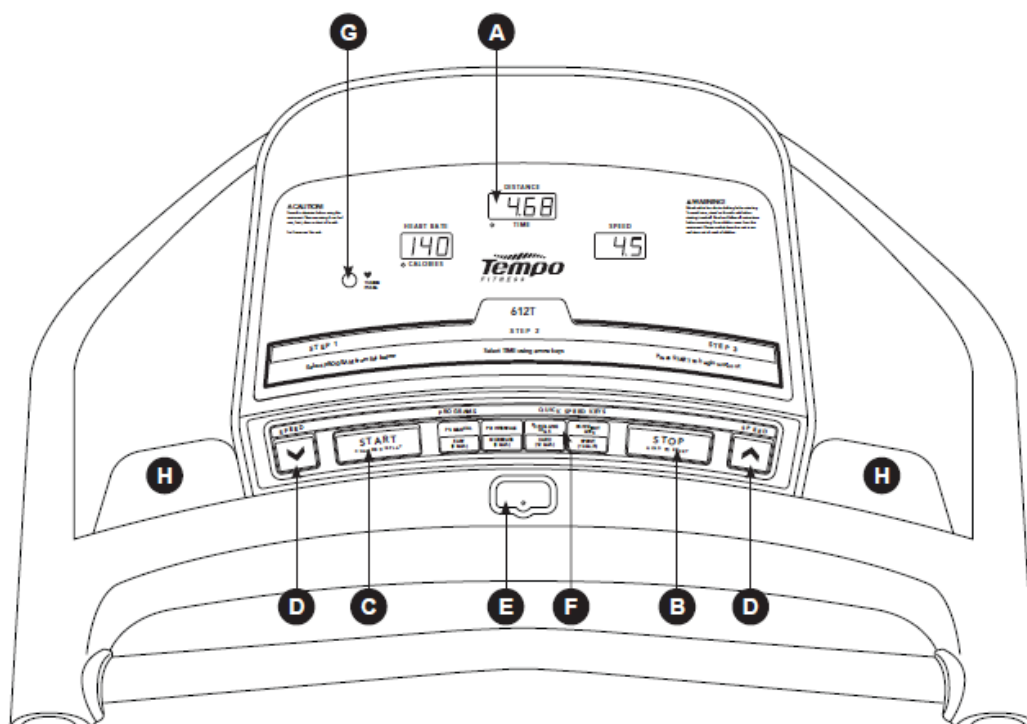


If the running belt is too far to the left side: With the treadmill running at 1 mph, turn the right adjustment bolt counter-clockwise $\frac{1}{4}$ turn at a time (using the supplied Allen wrench). Check the belt alignment. Allow belt to run a full cycle to gauge if more adjustment is needed. Repeat if necessary, until the belt remains centered during use.



3.1 CONSOLE OVERVIEW

3.1.1 612T Console Overview



Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

A) MONITOR DISPLAY: Speed, Time, Heart Rate, Distance, and Calories.

B) STOP: Press to pause/end your workout. Hold for 3 seconds to reset the treadmill.

C) Start: Simply press to begin exercising starts your program and also changes the display.

D) SPEED ARROW KEYS: Used to adjust speed in small increments.

E) SAFETY KEY POSITION: Enables treadmill when safety key is engaged.

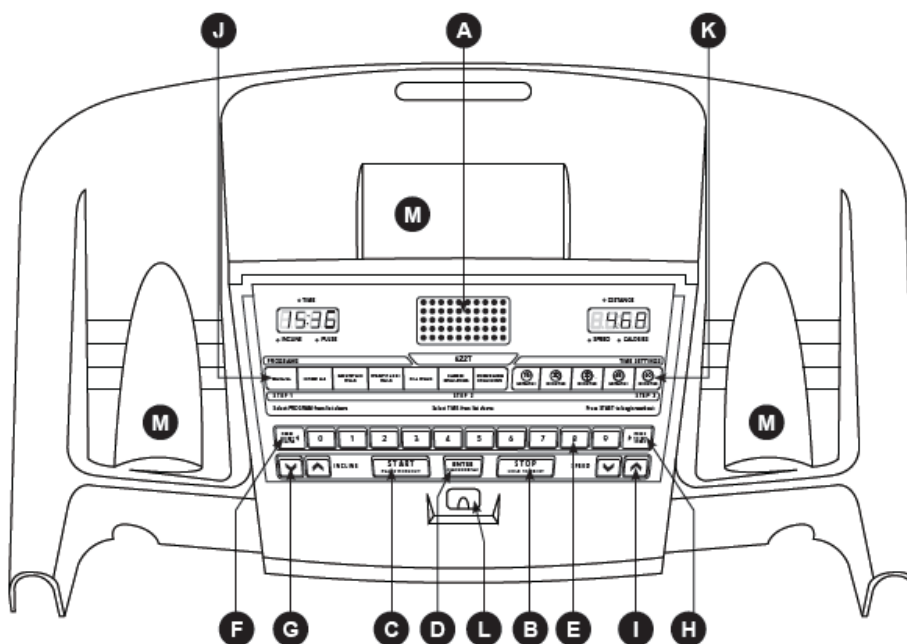
F) QUICK PROGRAM & SPEED KEYS: Press key to select program. Once in a program, press key to select speed.

G) THUMB SENSOR: Monitors heart rate.

H) WATER BOTTLE / CD / MP3 HOLDERS: Holds personal workout equipment.

Note: Thumb pulse may be inaccurate when used in low-light environments.

3.1.2 622T Console Overview



Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

A) MONITOR DISPLAY: Speed, Time, Heart Rate, Distance, Incline, and Calories.

B) STOP: Press to end your workout. Hold for 3 seconds to reset the treadmill.

C) START: Simply press to begin exercising or starts/pauses your program.

D) ENTER / CHANGE DISPLAY: Used to confirm selection and scroll between workout information.

E) QUICK ADJUST INCLINE / SPEED KEYS: Used to reach desired incline and/or speed more quickly. Select after pressing PRESS TO SET INCLINE or PRESS TO SET SPEED KEY.

F) PRESS TO SET INCLINE KEY: Used to confirm chosen incline. Press before selecting INCLINE.

G) INCLINE ARROW KEYS: Used to adjust incline in small increments.

H) PRESS TO SET SPEED KEY: Used to confirm speed change. Press before selecting SPEED.

I) SPEED ARROW KEYS: Used to adjust speed in small increments.

J) QUICK PROGRAM KEYS: Press key to select program.

K) QUICK TIME KEYS: Press key to select time.

L) SAFETY KEY POSITION: Enables treadmill when safety key is engaged.

M) WATER BOTTLE / CD / MP3 HOLDERS: Holds personal workout equipment.

3.2 DISPLAY WINDOWS INDICATION

- **SPEED:** Shown as km/h. Indicates how fast your walking or running surface is moving.
- **TIME:** Shown as minutes and seconds. View the time remaining or the time elapsed in your workout.
- **PULSE:** Shown as beats per minute. Used to monitor your heart rate (displayed when contact is made with the pulse grips or thumb pulse sensor).
- **Distance:** Shown as km. Indicates distance traveled during your workout.
- **INCLINE (622T ONLY):** Shown as percent. Indicates the incline of your walking or running surface.
- **CALORIES:** Total calories burned during your workout.

QUICK KEY OPERATION

Once you have started your program you can quickly change your speed or incline level.

612T: To change your speed, press one of the four quick speed keys: easy (5 km/h), moderate (8 km/h), hard (12 km/h) or sprint (16 km/h). The treadmill will adjust accordingly.

622T: Press the press to set speed or press to set incline key and then press a number (0-9). This confirms that this is the speed or incline you want and the treadmill will adjust accordingly.

CLEAR CURRENT SELECTION

To clear the current program selection or screen, hold the stop button for 5 seconds.

CHANGE VIEWING SCREENS

612T: Press the START button during your workout to change the display between time/distance and heart rate/ calories.

622T: To have the display rotate continuously (time, incline and pulse; distance, speed and calories), hold the ENTER/CHANGE DISPLAYS button for 5 seconds.

TO RESET CONSOLE

Hold STOP key for 3 seconds.

FINISHING YOUR WORKOUT

When your workout is complete, the monitor display will flash and beep. Your workout information will stay displayed on the console for 30 seconds and then reset.

3.3 GETTING STARTED & SELECTING A WORKOUT

3.3.1 612T GETTING STARTED

- 1) Check to make sure no objects are placed on the belt that will hinder the movement of the treadmill.
- 2) Plug in the power cord and turn the treadmill ON.
- 3) Stand on the side rails of the treadmill.
- 4) Attach the safety key clip to part of your clothing.
- 5) Insert the safety key into the safety keyhole in the console.
- 6) You have two options to start your workout:

A) QUICK START

Simply press the start key to begin working out. Or...

B) SELECT A PROGRAM

1. Press a PROGRAM key to select a program.
2. Use the ARROW keys to select time.
3. Press START to begin.

3.3.2 622T GETTING STARTED

- 1) Check to make sure no objects are placed on the belt that will hinder the movement of the treadmill.
- 2) Plug in the power cord and turn the treadmill ON.
- 3) Stand on the side rails of the treadmill.
- 4) Attach the safety key clip to part of your clothing.
- 5) Insert the safety key into the safety keyhole in the console.
- 6) You have two options to start your workout:

A) QUICK START UP

Simply press the START key to begin working out. Or...

B) SELECT A PROGRAM

1. Press a PROGRAM key to select a program.
2. Press a TIME SETTINGS key to select time (use ARROW keys to adjust time setting up and down).
3. Press START to begin.

3.4 PROGRAM INFORMATION

612T PROGRAMS

P1 MANUAL: Adjust your speed manually during your workout. Time-based goal.

P2 INTERVALS: Walk or run a series of alternating paced speed levels. Time-based goal.

INTERVALS																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
SPEED(KM/H)	3.2	3.2	3.2	4.8	3.2	8	3.2	8	4.8	8	4.8	8	3.2	6.4	3.2	6.4	3.2	3.2	3.2	3.2

P3 ROLLING HILLS: Creates the feel of walking or running over hills. Time-based goal.

ROLLING HILLS																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
SPEED(KM/H)	3.2	3.2	3.2	3.2	3.2	4.8	6.4	8	6.4	4.8	3.2	4.8	6.4	8	6.4	4.8	4.8	3.2	3.2	3.2

P4 WEIGHT LOSS: Keeps user in their optimal fat burning zone.

WEIGHT LOSS																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds															
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
SPEED(KM/H)	3.2	3.2	3.2	4.8	3.2	4.8	4.8	6.4	6.4	4.8	4.8	6.4	6.4	4.8	4.8	6.4	4.8	4.8	3.2	3.2

NOTE: While program is running the program keys become quick speed keys : easy (3 mph), moderate (5 mph), hard (7 mph), and sprint (10 mph).

622T PROGRAMS

P1 MANUAL: Adjust your speed manually during your workout. Time-based goal.

P2 INTERVALS: Walk or run a series of alternating paced speed levels. Time-based goal.

INTERVALS																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
SPEED(KM/H)	3.2	3.2	3.2	4.8	3.2	8	3.2	8	4.8	8	4.8	8	3.2	6.4	3.2	6.4	3.2	3.2	3.2	3.2

P3 MOUNTAIN WALK: Creates the feel of walking over a mountain. Time-based goal.

MOUNTAIN WALK																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
INCLINE	0	0	0	1	1	2	3	4	5	6	5	4	3	2	1	2	1	1	0	0

P4 WEIGHT LOSS WALK: Keeps user in their optimal fat burning zone. Time-based goal.

WEIGHT LOSS WALK																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
SPEED(km/h)	3.2	3.2	3.2	4.8	3.2	4.8	4.8	6.4	6.4	4.8	4.8	6.4	6.4	4.8	4.8	6.4	4.8	4.8	3.2	3.2

CHAPTER 3: Console Instruction

P5 HILL WALK: Simulates walking over hills and helps burn fat at an increased rate. Time-based goal.

HILL WALK																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
INCLINE	1	2	2	3	3	3	4	4	5	5	5	5	4	4	3	3	2	1	0	0

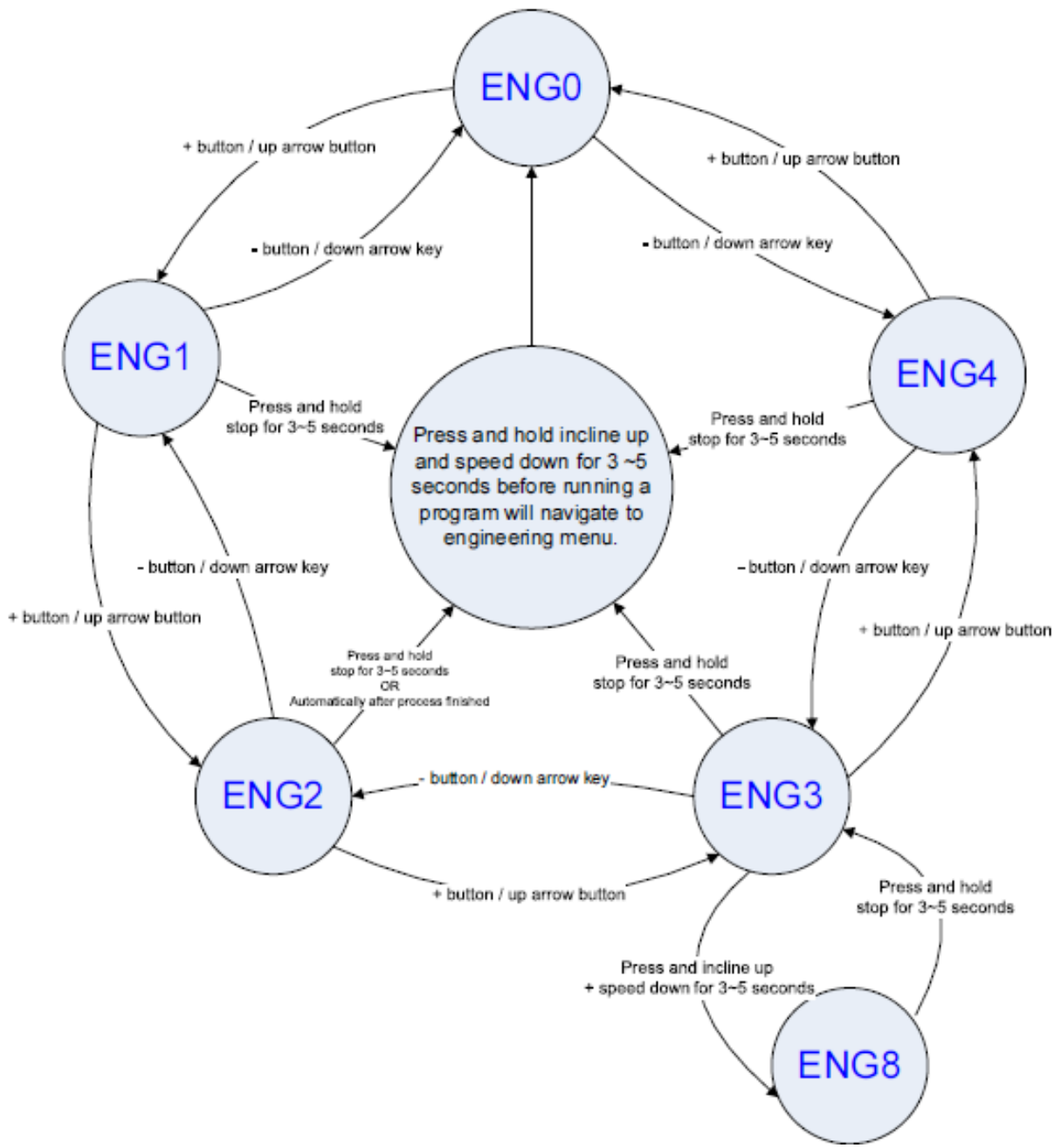
P6 CARDIO CHALLENGE: Tones muscle and provides a strong cardio workout. Time-based goal.

CARDIO CHALLENGE																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
SPEED(km/h)	3.2	3.2	3.2	4.8	6.4	4.8	6.4	6.4	4.8	4.8	6.4	6.4	6.4	4.8	6.4	4.8	4.8	4.8	3.2	3.2

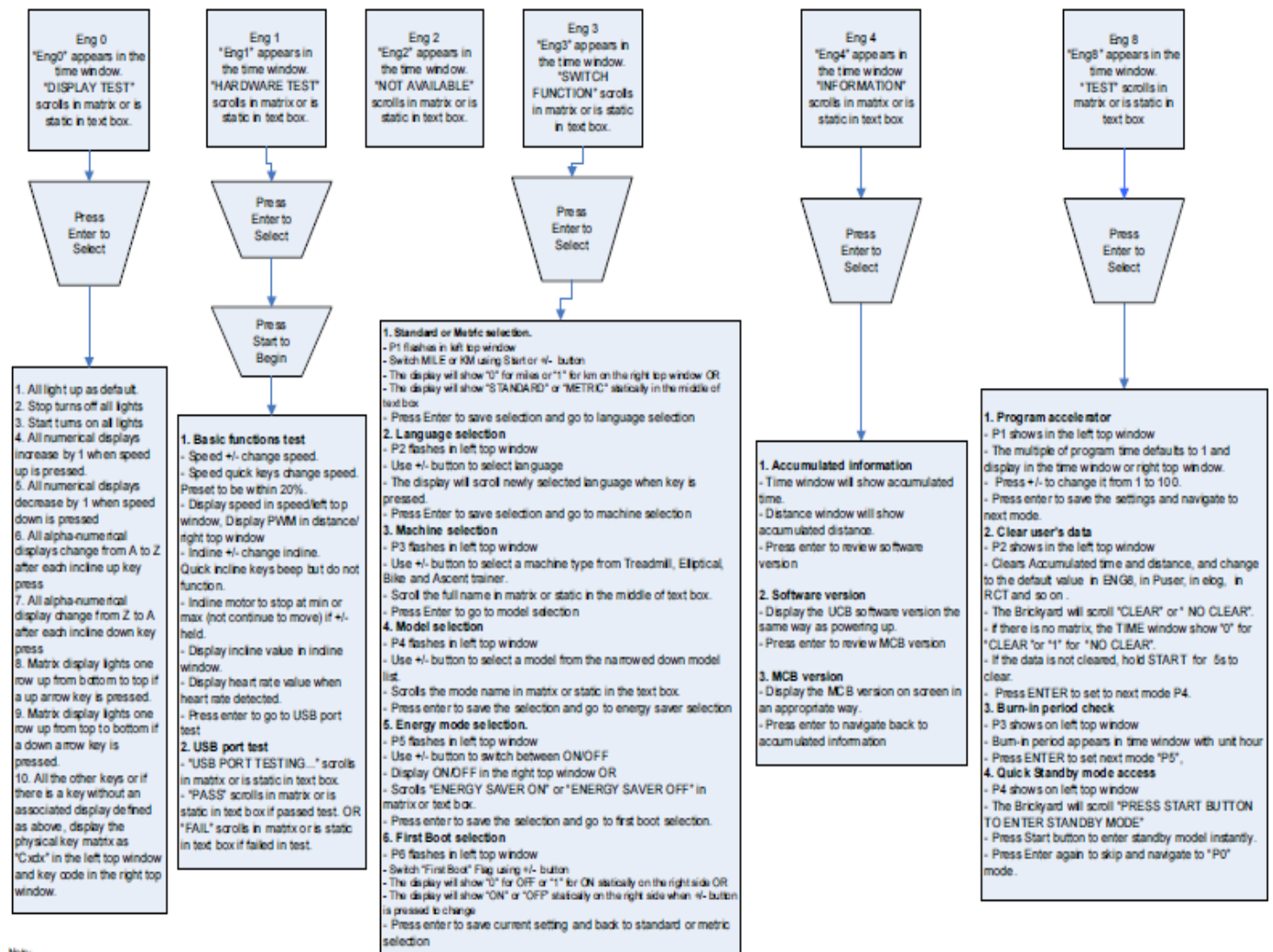
P7 ENDURANCE CHALLENGE: Tones muscle and challenges cardiovascular system. Time-based goal.

ENDURANCE CHALLENGE																				
	WARM-UP				WORKOUT SEGMENTS – REPEAT												COOL-DOWN			
TIME	4 minutes				Each segment is 60 seconds												4 minutes			
SEGMENT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
INCLINE	1	1	2	3	2	3	4	5	5	6	6	4	4	3	4	5	3	2	0	0

4.1 ENGINEERING MODE



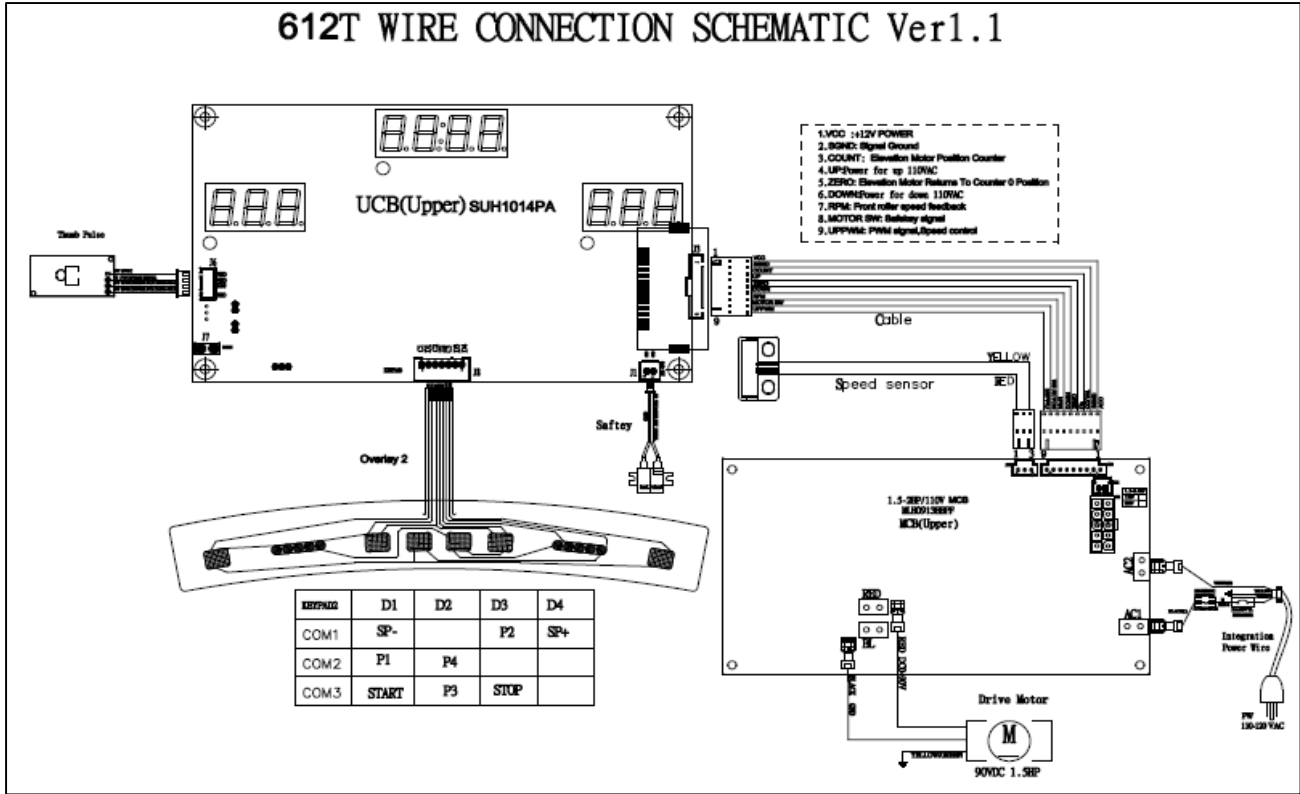
4.2 ENGINEERING MODE OVERVIEW



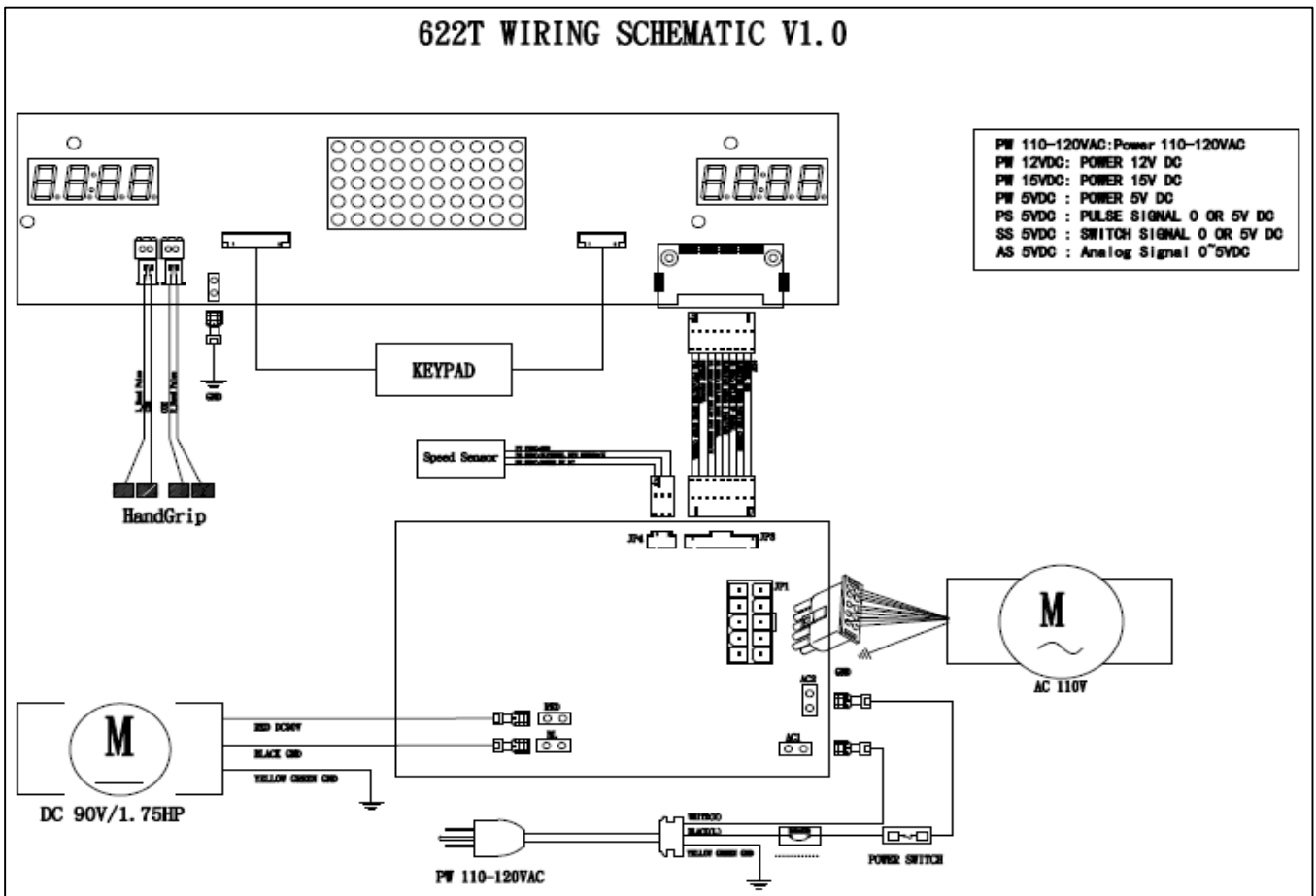
Note:

1. USB port testing is only for the consoles which have USB interfaces.
2. First Boot flag is only used for consoles which work for different machine and/or model types.
3. A text box must be implemented when multi language is available.
4. Console goes to model selection after cycling the power when First Boot flag is set to ON.
5. If there is a conflict between process number "Px" and other display items, the process number will only display for 1 second and then display the real items.
6. Display items alternatively when a few items needs to be displayed in the same window. Light up the indicator if the indicator exists.
7. A text box or LED/LCD matrix is needed if the console work for different machine and/or model types.

5.1.1 612T Electrical Diagram



5.1.1 622T Electrical Diagram



5.2 TROUBLESHOOTING-MCB WIRING INSTRUCTIONS

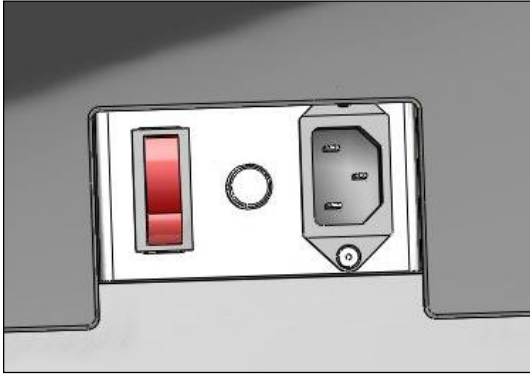
MCB wiring instructions



- CN1----- AC motor cable socket
- CN2----- AC power cable socket
- CN3----- Elevation motor cable socket
- CN4----- Console set cable socket
- CN5----- Transfer board

5.3 TROUBLESHOOTING – NO POWER TO THE CONSOLE**NO POWER TO THE CONSOLE****1) SYMPTOM:**

- a. Turn on the power switch, but the console will not light up.

**2) SOLUTION:**

- a. Check if the power cord connected well.
- If the power cord connected well but console doesn't turn on, try another one.
- b. Check if the outlet is well.
- If no, please try another functional outlet.
- c. Check if the MCB has power. There is a red power LED on the MCB that should be lit.
- d. If the MCB does not have power, check the connection of the power wiring from the power receptacle to the MCB.
Use a multi-meter to measure AC1 & AC2, AC voltage shall be same as local's standard voltage (110V-240V)
- If AC voltage value is standard, replace the MCB as it shall be defective.
- e. If the MCB does have power, check the connection of the console cable wire at the MCB and UCB.
- Remove the console cable from MCB, and use a multi-meter to measure the DC voltage between the "GND pin" (Pin 1&2) and the "+ 12V Pin" (Pin7 & 8)-. DC output is normally around DC 12V. If no output, replace the MCB.
- If output is around DC 12V, check the console cable. If it is defective, replace the console cable.
- If the console cable connections are all good, replace the PCB.

5.4 TROUBLESHOOTING – NO FUNCTION FOR SAFETY KEY

NO FUNCTION FOR SAFETY KEY

1) SYMPTOM:

- a. The safety key inserted in console, but display window still shows “safety key off”.

2) SOLUTION:

- a. Check if the safety key totally inserted in the console.
 - If no, take off and insert again.

- b. Check if the safety key oxidized or not which will affect the conduction.
 - If yes, please change a new one.

- c. If the safety key is function, check the safety key sensor wires in console.
 - Suggest to re-connect the wires or to change new wires.

5.5 TROUBLESHOOTING – NO RESPONSE FOR MACHINE (CONSOLE&MOTOR)

THE POWER IS ON, BUT MACHINE HAS NO RESPONSE

1) **SYMPTOM:**

- a. The power is on and the console lights up, but the treadmill does not run when keys are pressed.

2) **SOLUTION:**

- a. Check if the console beeps when all keys are pressed. If no, replace the keypads.
- b. Enter Engineering Mode, and scroll to ENG 1 (Hardware Test). Press the key "ENTER" first and then the key "START".
 - When press the key "SPEED + / -", if the data on windows "TIME" & "DISTANCE" is changed, the console is ok. If not, replace the PCB.
- c. Turn off the power switch, and open the motor upper cover. Remove the red & black wires of motor from the MCB, and use a multi-meter to measure the resistance of drive motor.

If the resistance is bigger than 10 Ω , the drive motor is defective. **Replace the drive motor.**

If the resistance is lower than 10 Ω , the drive motor is ok. Then,

- Check the connection of the speed sensor (encoder disk group) at the MCB.
- Remove the speed sensor from the motor and clean it, then re-test.
- If the speed sensor is clean and has a good connection but still will not operate, replace the speed sensor.
- Replace the MCB as the last step if machine does still not run after to take above actions.

5.6 TROUBLESHOOTING - INCLINE MOTOR ISSUES

INCLINE MOTOR ISSUES

1) **SYMPTOM:**

- a. The incline motor does not lift up or down.

2) **SOLUTION:**

- a. Enter Engineering Mode, and scroll to ENG 1 (Hardware Test). Press the key "ENTER" first and then the key "START".

- Press the key "INCLINE ▲/▼".

If can hear beeps from two relays at the MCB, the MCB is ok. Then check the connection of the elevation motor at the MCB first, try to unplug and re-plug these two pins. If cannot resolve the issue, replace the elevation motor.

If there is no beeps from these two relays, MCB is defective and replace the MCB.

5.7 TROUBLESHOOTING - NOISE ISSUES

NOISE ISSUES

1) SYMPTOM:

- a. Thumping noise twice per rotation on new machine.
- b. Rubbing / grinding noise.
- c. High pitched "bell-like" sound from under the motor cover.
- d. Banging or clunking sound.
- e. Slapping / thumping / squeaking sound with each footstep.
- f. Rubbing sound underneath the treadmill.
- g. Squeaking noise when raising / lowering the deck into storage positions.
- h. Squeaking / grinding noise when using elevation.

2) SOLUTION:

- a. This noise is from the roller or running belt.
 - If this is a new unit, some noise is normal as the running belt forms around the rollers.
 - Check that the belt is centered and tensioned correctly.
 - Remove and clean the rollers if needed.
 - Replace the rollers or running belt as needed.

- b. This sound is likely a moving component.
 - Remove the motor cover and check the drive belt for alignment and make sure it is not slipping or is frayed / cut in any way. Replace the drive belt if needed.
 - Make sure the optic disk on the motor is not rubbing the speed sensor.
 - Turn the motor by hand to see if motor brushes or bearings are rubbing. Replace the motor if needed.
 - Check the front and rear rollers, replace if needed.

- c. This sound is likely caused by the optic disk.
 - Check that the optic disk is tight on the motor and not rubbing the speed sensor.

- d. The sound is likely due to the unit not being level.
 - Check that all levelers are touching the ground.
 - Move the treadmill to another flat surface.

- e. This sound is from the running deck / belt.

5.7 TROUBLESHOOTING - NOISE ISSUES-CONTINUED

- Check that the running deck is tightly attached to the frame.
 - Check the deck shocks for deterioration or crumbling. Replace if needed.
 - Check to see if the air shock is making this noise, lubricate or replace if needed.
- f. This sound is likely due to the air shock.
- Lubricate or replace the air shock as needed.
- g. This sound is likely from the incline motor.
- Check that the incline motor connection points include Teflon washers.
 - Lubricate the incline motor worm screw and connection points with grease.
 - Replace the incline motor.

5.8 TROUBLESHOOTING - SPEAKER / AUDIO ISSUES

Speaker / Audio Issues

1) SYMPTOM:

- a. No sound through the speakers but headphones work.
- b. No sound through headphones but the speakers work.
- c. No sound through speakers or headphones.
- d. iPod not charging.
- e. Speakers buzzing.
- f. Sound from one speaker only.
- g. Shock from headphones.

2) SOLUTION:

- a. One of the speaker boards has a bad connection or is faulty.
 - Check the connection of the wires going from the speakers to the speaker power board.
 - Check the connection of the wires going from the speaker power board to the amp board.
 - Check the connection of the wires going from the amp board to the console.
 - Replace the speaker or amp boards and wiring.
 - Replace the speakers.
 - If the speaker board, amp board, wiring, and speakers do not solve the issue, replace the console.
- b. There is a bad connection between the headphones and the console.
 - Verify the connection of the music player to the dock or audio adaptor cable.
 - Verify the audio adaptor cable connection at the console.
 - Replace the headphone jack.
 - Replace the audio adaptor cable.
- c. There is a bad connection between one of the audio boards and the console.
 - Verify the connection of the music player to the dock or audio adaptor cable.
 - Verify the audio adaptor cable connection at the console.
 - Replace the audio adaptor cable.
 - Replace the console.
- d. Speakers are not getting a clear signal through the speaker wires.
 - Check the speaker wire connections.

5.8 TROUBLESHOOTING - SPEAKER / AUDIO ISSUES-CONTINUED

- Replace the speaker wiring.

- Replace the speakers.

e. The speaker or speaker wiring is bad.

- Check the speaker wire connections.

- Switch the speaker connections from one speaker to the other to see if sound switches sides.

- If the sound does not switch sides, replace the speaker board.

- If the sound does switch sides, replace the speaker and speaker wires.

f. Grounding issue.

- Try a different set of headphones.

- Check the grounding of the console.

5.9 TROUBLESHOOTING- HEART RATE FUNCTION ISSUE

Heart rate function does not work or is reading incorrectly

1) SYMPTOM:

- a. The chest strap being used is not making good contact with the user's chest.
- b. The chest strap is at a low battery status.
- c. The chest strap is damaged.
- d. The HR grips are damaged.
- e. Heart rate board damaged
- f. The UCB is damaged.

2) SOLUTION:

- a. Re-center the chest strap below the user's pectoral muscle and check again.
- b. Replace the battery in the chest strap.
- c. Replace the chest strap.
- d. If there is no HR present, replace the HR grips.
- e. If there is a HR present but it is much higher than normal, replace the HR board.
- f. If replacing the HR grips and board does not resolve the issues, replace the console

6.1 MOTOR COVER REPLACEMENT

- 1) Remove the 2 screws holding the motor cover to the frame (Figures A&B).
- 2) The cover is secured to the frame with velcro, so you will have to pull up with some force

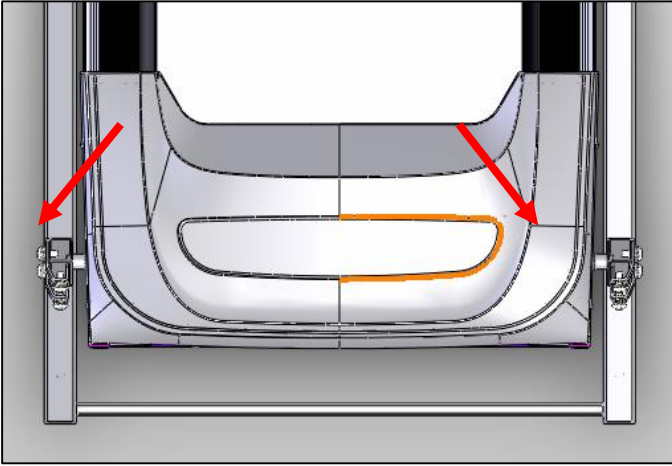


FIGURE A

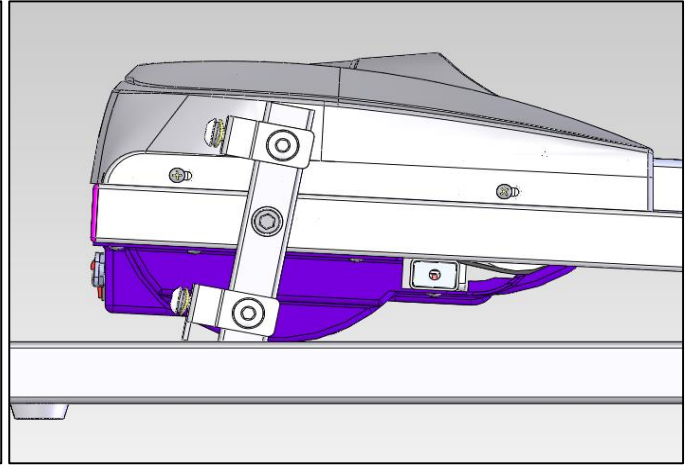


FIGURE B

- 3) Figure C shows the motor area with the motor cover removed.

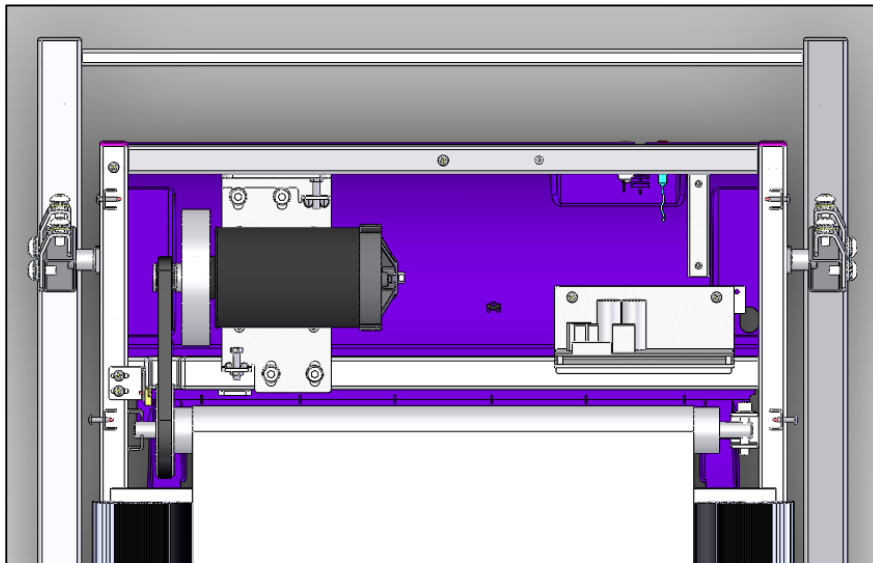


FIGURE C

- 4) Reverse Steps 1-3 to install a new motor cover.

6.2 REAR ROLLER REPLACEMENT

- 1) Remove the rear end caps (Figure A).
- 2) Remove both roller adjustment screws (Figure B).

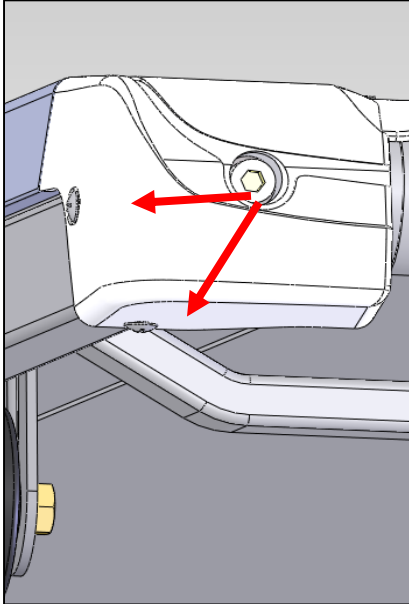


FIGURE A

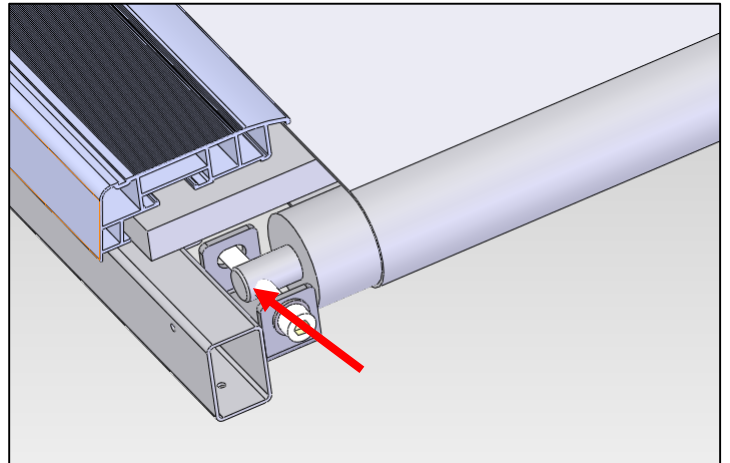


FIGURE B

- 3) Remove the roller (Figure C)

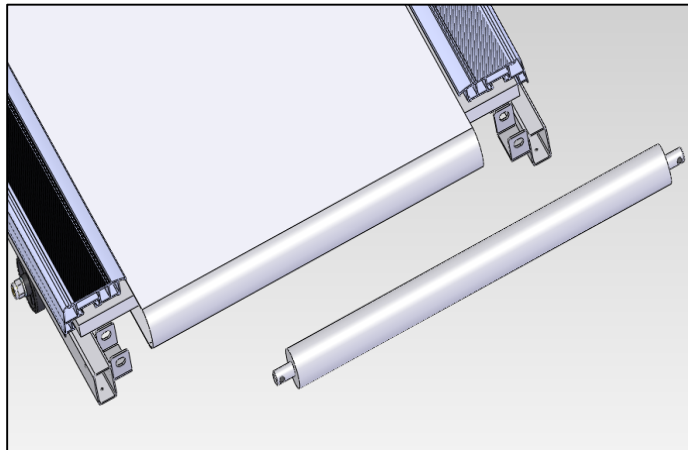


FIGURE C

6.3 SIDE RAIL REPLACEMENT

- 1) Remove the rear end cap (Figure A).
- 2) Slide the rail off the back of the treadmill (Figures B).

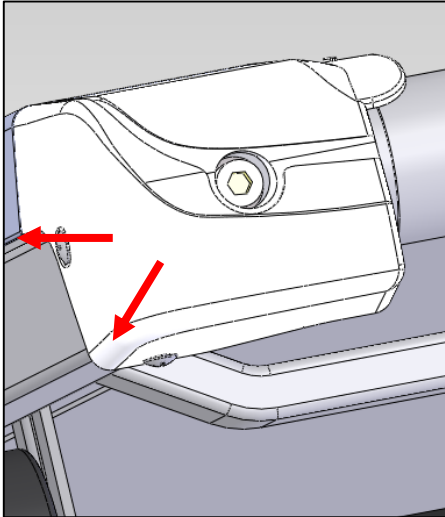


FIGURE A

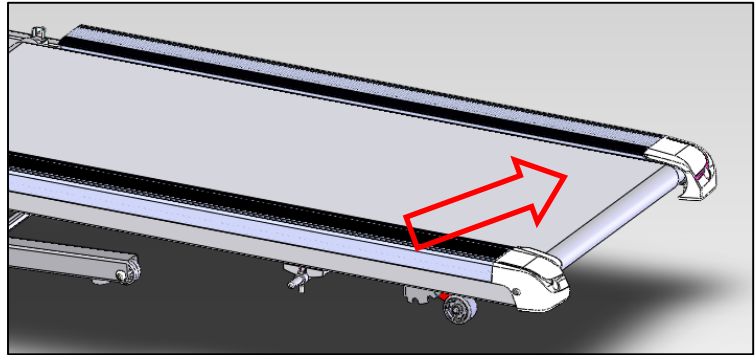


FIGURE B

- 4) Reverse Steps 1-2 to install a new side rail.

NOTE: After reinstalling the side rail, make sure the rear end cap is on first before tightening the screws for proper gap spacing. Be careful not to over tighten the screws, or they will poke through the top of the side rail.

6.4 RUNNING DECK REPLACEMENT

- 1) Remove the motor cover as outlined in Section 6.1.
- 2) Remove the side rail as outlined in Section 6.3.
- 3) Remove the end cap
- 4) Remove the running deck screws (Figure A).

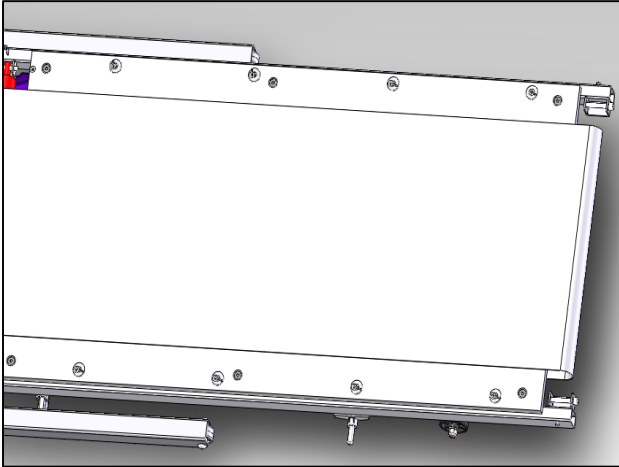


FIGURE A

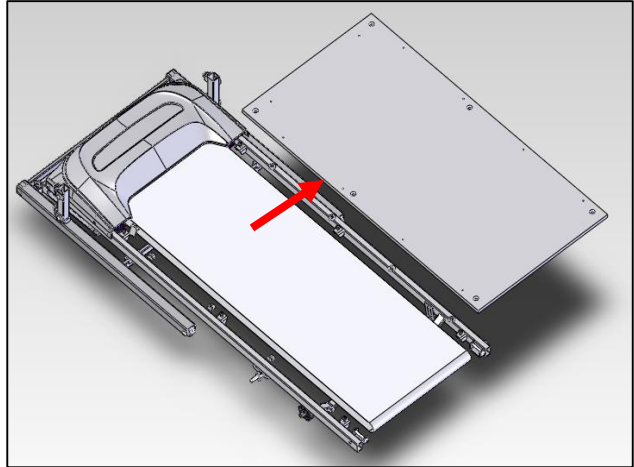


FIGURE B

- 5) Remove the running deck from the running belt (Figure B)
- 6) Reverse Steps 1-4 to install a new running deck.

NOTE: The running deck is waxed on both sides so the opposite side surface may be usable. New deck surfaces must ALWAYS be matched to a new running belt.

6.5 FRONT ROLLER REPLACEMENT

- 1) Remove the motor cover as outlined in Section 6.1.
- 2) Loosen both of the rear roller screws to remove tension from the running belt (Figure A).

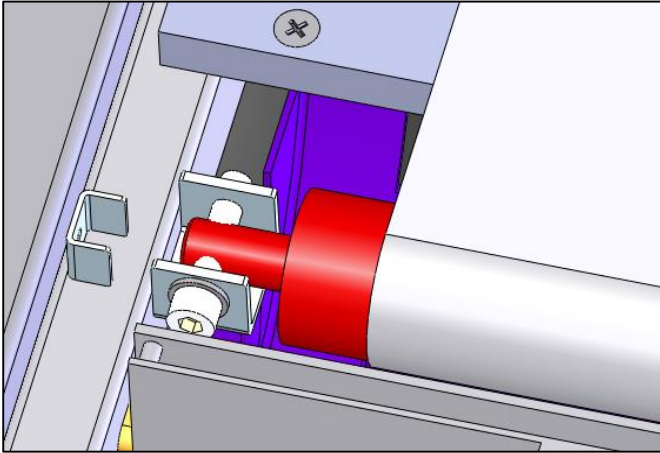


FIGURE A

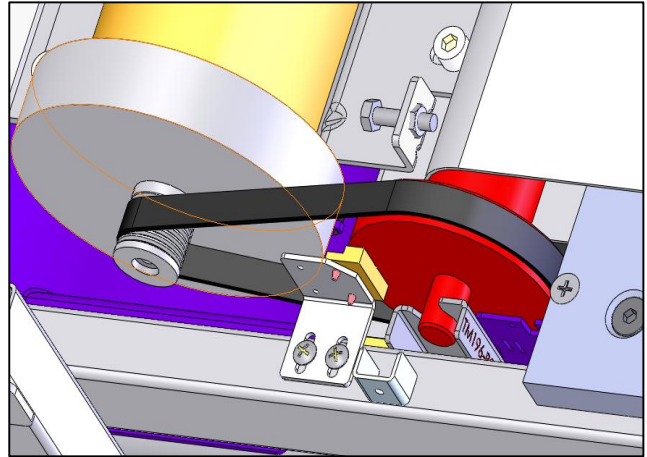


FIGURE B

- 4) Remove the spring from the drive belt tensioner. The tensioner should now pivot away from the drive belt (Figure B).
- 5) Remove the drive belt from the front roller and remove the roller from the running belt.

6.6 RUNNING BELT REPLACEMENT

- 1) Remove the motor cover as outlined in Section 6.1.
- 2) Remove the rear roller as outlined in Section 6.2.
- 3) Remove the running deck as outlined in Section 6.4.
- 4) Remove the front roller as outlined in Section 6.5.
- 5) Remove the running belt (Figures A).

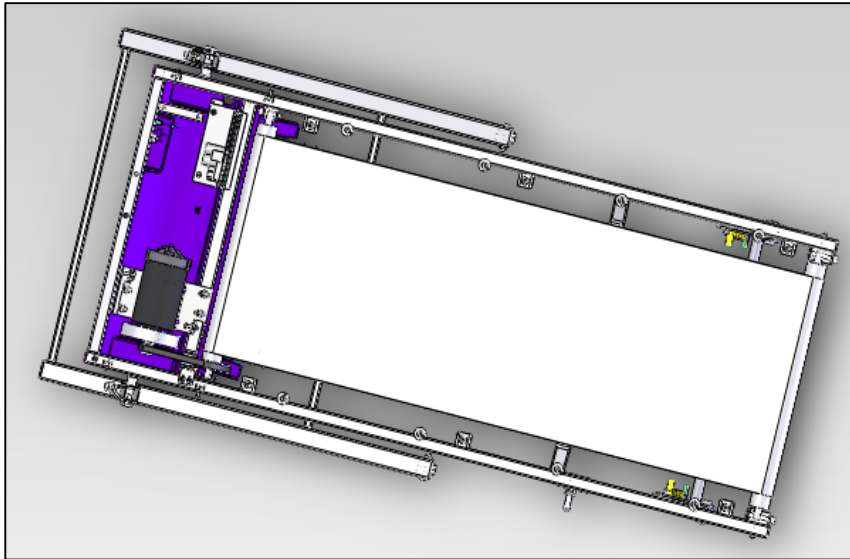


FIGURE A

- 6) Reverse Steps 1-5 to install a new running belt.

NOTE: New running belts should ALWAYS be installed on a new deck surface (deck should either be flipped or replaced to gain a new surface).

6.7 MOTOR CONTROL BOARD (MCB) REPLACEMENT

- 1) Turn off power and disconnect the cord from the machine.
- 2) Remove the motor cover as outlined in Section 6.1.
- 3) Disconnect the wire connectors at the MCB.
- 4) Remove the 2 screws holding each side of the MCB to the frame (Figures A).

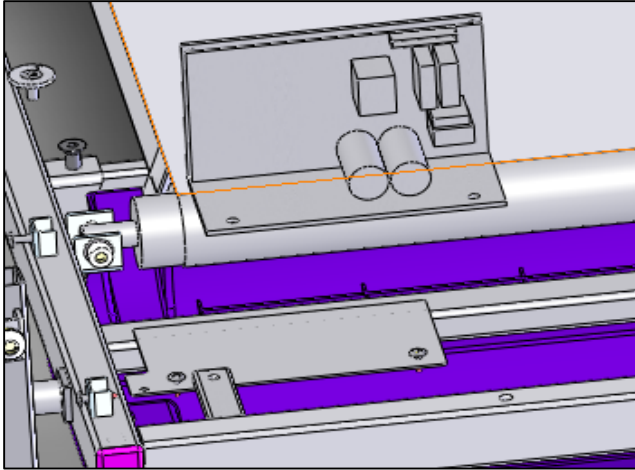


FIGURE A

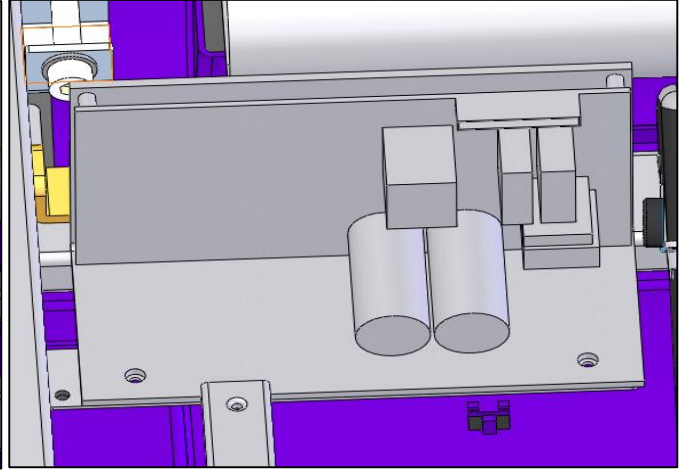


FIGURE B

- 5) Remove the MCB (Figure B)
- 6) Reverse Steps 1-5 to install a new MCB. Make sure that all wires removed during Step 3 are re-connected.

6.8 MOTOR REPLACEMENT

- 1) Turn off power to the treadmill and disconnect the power cord.
- 2) Remove the motor cover as outlined in Section 6.1.
- 3) Use a hook or loop of wire to remove the spring from the drive belt tensioner.
- 4) Remove the drive belt tensioner
- 6) Disconnect the motor cable ground wire from the grounding post.
- 7) Disconnect the motor cable from the MCB.
- 8) Remove the 4 screws holding the motor to the frame (Figure A).

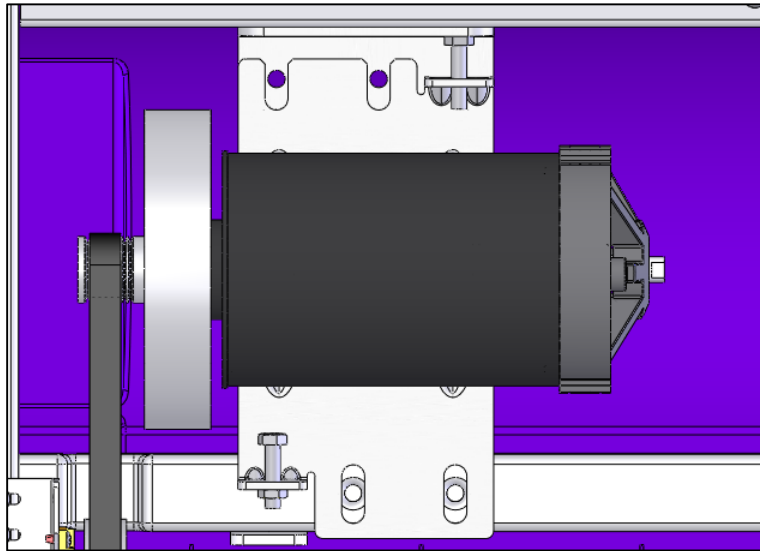


FIGURE A

- 9) Remove the motor from the treadmill.
- 10) Reverse Steps 1-9 to install a new motor.

NOTE: Be sure that the motor isolator pad is in place prior to mounting the new motor.

6.9 DRIVE BELT REPLACEMENT

- 1) Turn off power to the treadmill and disconnect the power cord.
- 2) Remove the motor cover as outlined in Section 6.1.
- 3) Use a hook or loop of wire to remove the spring from the drive belt tensioner (Figure A).

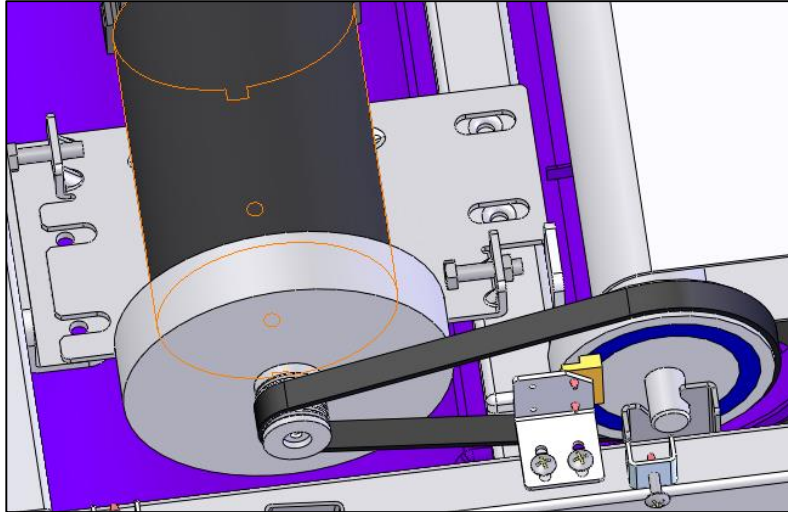


FIGURE A

- 4) The tensioner should now pivot away from the drive belt
- 5) With the tension on the drive belt relieved it can be walked off of the motor pulley
- 6) Loosen the rear roller screws to relieve tension on the running belt.
- 7) Remove the two 8 mm screws from front roller.
- 8) Lift the roller and remove the old drive belt
- 9) Reverse Steps 1-8 to install a new drive belt.

NOTE: After installing a new belt, check it for correct alignment to the motor pulley before setting the tensioner in place.

6.10 CONSOLE REPLACEMENT

- 1) Turn off power to the treadmill and disconnect the power cord.
- 2) Remove the 4 screws holding the console from the console mast (Figure A).

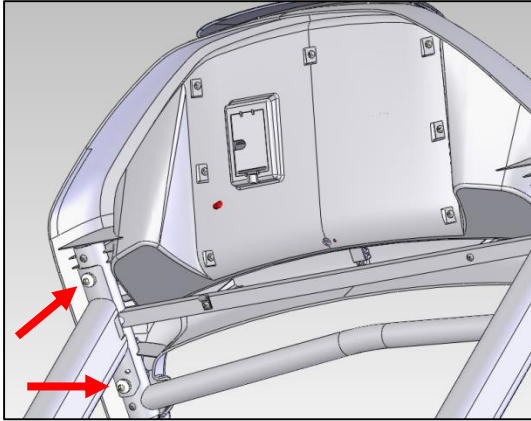


FIGURE A

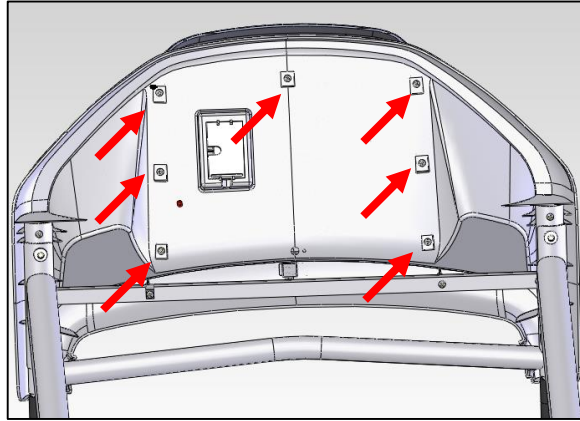


FIGURE B

- 3) Remove the 5 screws holding the back of console (Figure B).
- 4) Disconnect the wires connections from the console.
- 5) Remove the console.
- 6) Reverse Steps 1-5 to install a new console.

6.11 INCLINE MOTOR REPLACEMENT (ONLY FOR 622T)

- 1) Turn off power to the treadmill and disconnect the power cord.
- 2) Remove the motor cover as outlined in Section 6.1.
- 3) Lift the treadmill and support it so that the front wheels are off the floor, or the unit may be tipped on its side.
- 4) Remove the screws from the elevation rack (Figure A).

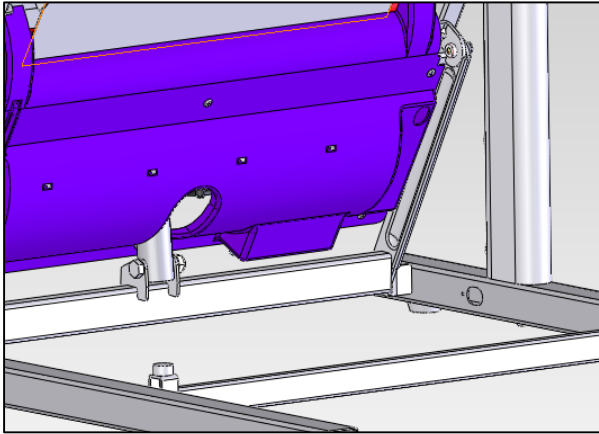


FIGURE A

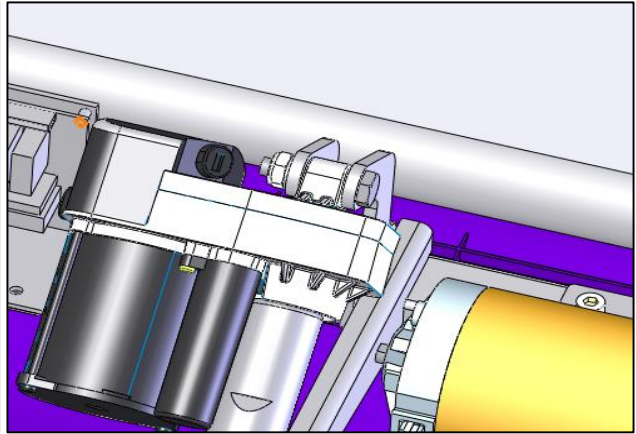


FIGURE B

- 5) Disconnect the incline motor from the top mounting bracket (Figure B).
- 6) Reverse Steps 1-5 to install a new incline motor.

NOTE: When installing a new incline motor, make sure to replace the white nylon washers at the top and bottom connection points of the incline motor.

6.12 HEART RATE BOARD REPLACEMENT (ONLY FOR 622T)

- 1) Turn off power to the treadmill and remove the power cord.
- 2) Remove the console as outlined in Section 6.12.
- 3) Loosen the screws which fix the heart rate sensor (Figure A).

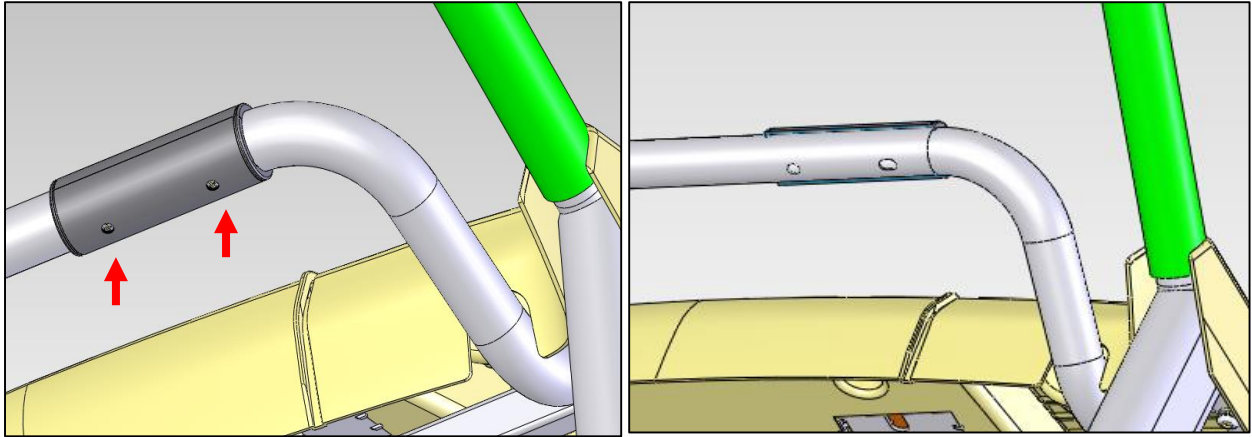


FIGURE A

FIGURE B

- 4) Disconnect the wires connections that go to the heart rate board (Figure B).
- 5) Reverse Steps 1-3 to install a new heart rate board.