

## Experience Full-Body Fitness That Just Fits

Now you can get a transformative workout that fits your body comfortably and your home beautifully. You'll discover ergonomics that accommodate your unique shape and your natural movements for efficient low-impact exercise, plus sleek industrial design and whisper-quiet operation that won't disrupt your home whether your rower is in motion or tilted up for compact storage.



### OXFORD 6

- Premium aluminum rail (fits inseams up to 38"), magnetic resistance and smooth-action drive belt combine for whisper-quiet, natural movements
- Ergonomically refined seat fits a wide range of users and makes even long workouts comfortable
- Footpads include optimized spacing and quick-adjust straps
- Optimized seat height and ultra-stable design offer a balanced, grounded feel and make it easy to get on and off
- Backlit console provides complete workout feedback and raised buttons for easy program change, plus adjustable angle and height
- 20 magnetic resistance levels accommodate a wide range of fitness levels and include electronic adjustment for quick changes
- Includes ViaFit connectivity and Polar wireless heart rate receiver

### OXFORD 3

- Premium aluminum rail (fits inseams up to 36"), magnetic resistance and smooth-action drive belt combine for whisper-quiet, natural movements
- Footpads include optimized spacing and quick-adjust straps
- Optimized seat height and ultra-stable design offer a balanced, grounded feel and make it easy to get on and off
- Battery-operated console with adjustable angle and height offers cord-free use anywhere in your home
- 10 magnetic resistance levels accommodate a wide range of fitness levels

#### EASY STORAGE

Effortless tilt-up design offers a compact storage footprint, and lightweight construction with integrated transport wheels provides convenient portability between workouts.



#### OXFORD 6



#### OXFORD 3



Specifications subject to change without notice.

## JOHNSON EXCLUSIVE TECHNOLOGY

At Johnson Health Tech, we invest in technology that completely redefines the exercise experience, helping you reach your fitness goals in smarter, easier and more enjoyable ways. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



### ViaFit Connectivity (Oxford 6)

The integrated ViaFit connectivity system sends your home workouts to the fitness apps and tools you already use. ViaFit will also manage your software updates, and we'll never charge you for an update.

ROWERS	OXFORD 6	OXFORD 3
RESISTANCE SYSTEM	ECB magnetic resistance	ECB magnetic resistance
RESISTANCE LEVELS	20 levels, electronic	10 levels, manual
PEDAL DESIGN	Deluxe adjustable commercial-grade heel rest with quick-adjust foot straps	Deluxe adjustable commercial-grade heel rest with quick-adjust foot straps
SEAT DESIGN	Comfort seat	Contoured seat
TRANSPORT WHEELS	2 integrated wheels	2 integrated wheels
MONORAIL	Extruded high-strength aluminum	Extruded high-strength aluminum
HANDLEBAR	Ergonomically correct straight-grip handlebar	Ergonomically correct straight-grip handlebar
HEART RATE	Polar® wireless receiver	N/A
ASSEMBLED DIMENSIONS (L x W x H)	2100 x 615 x 1090mm / 82.7" x 24.5" x 43"	2050 x 615 x 1090mm / 80.7" x 24.5" x 43"
ASSEMBLED PRODUCT WEIGHT	38 kg / 84 lbs.	37 kg / 81 lbs.
USER WEIGHT CAPACITY	159.1 kg / 350 lbs.	159.1 kg / 350 lbs.
USER HEIGHT RANGE	Up to 38" inseam	Up to 36" inseam
HOME WARRANTY	Lifetime frame, 3 years electronics and parts, 1 year labor, 1 year wear parts *	Lifetime frame, 2 years electronics and parts, 1 year labor, 1 year wear parts *
CONSOLE		
DISPLAY	5.4" Blue backlit LCD with profile display and rubber buttons	5.4" LCD with profile display
ADJUSTABLE CONSOLE	Adjustable height and angle	Adjustable height and angle
WI-FI ENABLED	ViaFit Connectivity	N/A
WORKOUT FEEDBACK	Time, Strokes, Meters, Time / 500 M, Heart Rate, SPM, Calories, Watts	Time, Strokes, Meters, Time / 500 M, SPM, Calories, Watts
PROGRAMS	12 Total: Manual, Fat Burn, Distance, Training Intervals (Time, Distance), Performance Intervals (Endurance, Speed), Race (Beginner, Intermediate, Advanced), HR Training (Max HR, Target HR)	5 Total: Manual, Distance, Race (Beginner, Intermediate, Advanced)

\* Wear parts include: Pulley belt, Handlebar strap, console batteries (Oxford 3), seat, adjustable foot supports and foot straps

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