

# XR/XER/XIR Console Service Manual

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## **CHAPTER 1: CONSOLE INSTRUCTION**

### **1.1 SERIAL NUMBER LOCATION**

## SERIAL NUMBER LOCATIONS



Before proceeding, find the serial numbers located on barcode stickers and enter them in the spaces provided below.

#### **CONSOLE SERIAL NUMBER** FRAME SERIAL NUMBER CONSOLE ☐ XIR □ XR ☐ XER MODEL ☐ TF30 ☐ TF50 MATRIX FOLDING TREADMILL ☐ T50 □ T70 MATRIX NON-FOLDING TREADMILL ■ E30 ■ E50 MATRIX SUSPENSION ELLIPTICAL TRAINER □ A30 ☐ A50 MATRIX ASCENT TRAINER LOWER BODY □ R30 R50 MATRIX RECUMBENT CYCLE U50 MATRIX UPRIGHT CYCLE □ U30

<sup>\*</sup> Use the information above when calling for service.

# CHAPTER 1: CONSOLE INSTRUCTION

## 1.2 XR/XIR/XER CONSOLE OVERVIEW



## **CHAPTER 2: XR CONSOLE INSTRUCTION**

## **2.1 XR CONSOLE DESCRPITON**



Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

- A) LCD DISPLAY WINDOW: Displays workout feedback, program profile and more.
- B) GO/PAUSE: Press to start, pause or resume your workout.
- C) STOP: Press to stop your workout. Press and hold for 3 seconds to reset console.
- **D) ENTER**: Confirm each program setting. Press to change display feedback during workout. Press and hold to scan.
- **E) ARROWS**: used to adjust program settings.

- **F) NUMBER KEYPAD:** Used to enter xID login, to enter program data during program setup and to adjust speed / resistance level during workout. Press check mark to confirm setting.
- **G) BACK**: Go to previous program setting.
- **H) WI-FI CONNECT:** Press to connect your wireless internet connection. See BEFORE YOU BEGIN section for more info.
- I) PASSPORT CONNECT & SYNC: Press to connect your Passport box for Virtual Active programming. Passport Player is sold at your Retailer or at www.passportplayer.com
- **J) ENERGY SAVER LIGHT:** Indicates if machine is in energy saver mode. Press any key to wake up the machine.
- K) READING RACK: Holds reading material or electronic device.

#### 2.2 XR DISPLAY DESCRIPTION

- **A) TIME:** Is always shown in the larger central portion of the display. Shown as minutes: seconds. View the time remaining or the time elapsed in your workout.
- **B) INCLINE:** Shown as percent. Indicates the incline of your walking or running surface (Treadmills and Ascents only).
- **C) DISTANCE:** Shown as Miles or Kilometers based on your default setting. Indicates distance traveled or distance remaining during your workout.
- **D) SPEED:** Shown as MPH or KPH based on your default setting. Indicates how fast the user is moving.
- E) CALORIES: Total calories burned or calories remaining to burn during your workout.
- **F) HEART RATE:** Shown as BPM (beats per minute). Used to monitor your heart rate (when wearing a wireless heart rate strap or when contact is made with both pulse grips).
- G) RESISTANCE (RES): Shows the current resistance level (Bikes, Ellipticals, Ascents only).
- H) RPM: Revolutions Per Minute (Bikes, Ellipticals, Ascents only).
- I) WATTS: Displays current user power output (Bikes, Ellipticals, Ascents only).
- **J) PACE:** Indicates how many minutes it takes to complete a mile based on your current speed (Treadmills only).
- **K) PROGRAM PROFILE:** The dot matrix will show the program profile as you progress through wour workout. Profile represents incline, resistance or speed (depending on model type and workout type).
- L) PASSPORT: Indicates Passport box connection is present.
- **M) WI-FI:** Indicates wireless connection is present and the strength(low, medium, high). Flashes when Wi-Fi is trying to connect.

#### 2.3 SET UP XID ACCOUNT FOR VIA FIT CONNECTIVITY

Creating an xID account will allow you to save and share workout data online at **www.ViaFitness.com**.Up to four users can be saved on a machine. This process is the first step in connecting your equipment. It must be done from a computer, tablet, or mobile device that is connected to the internet.

- 1) Visit the web site: www.ViaFitness.com
- 2) Once at the web site, select the CONNECT YOUR EQUIPMENT option on the top menu bar.
- 3) The first step in connecting your equipment will to be creating your xID account. This will be your login to Via Fit.
- 4) Enter your phone number or another easy-to-remember 10-14 digit number. This will be your account number. Fill in your profile information to finish the xID account setup process. You will be asked to provide an email address not associated with any other xID account. Check your email after the set-up process for a link to validate your account.

### **2.4 CONNECT WI-FI**

Once you have created your xID account, you will be able to move on to activating the Wi-Fi on your equipment. Reminder, this requires you to use your computer, tablet, or mobile device that is connected to the internet.

- 1) Press and hold for 3-5 seconds until you see the message ACTIVATED on your screen.
- 2) On your computer or other device, go to your Wi-Fi settings. You should select the network with your model name. Doing this enables you to connect your equipment to your wireless network.
- 3) A new window will pop up with the list of wireless networks your equipment can see. Select your home Wi-Fi network and connect.
- 4) The remaining step is to reconnect your computer or other device back to your Wi-Fi network. Go to your settings again and connect as you normally would.

### 2.5 XR CONSOLE GETTING STARTED

- 1) Check to make sure no objects are nearby that will hinder the movement of the equipment.
- Plug in the power cord and turn the equipment ON (Some equipment does not have a power switch).

#### TREADMILLS ONLY:

- 1) Stand on the side rails of the treadmill.
- 2) Attach the safety key clip to part of your clothing making sure that it is secure and will not become detached during operation.
- 3) Insert the safety key into the safety keyhole in the console.

#### **ALL MODELS:**

When you log in for the first time as User 1-4, you will be prompted to enter your xID information.

- 1) Enter your xID account number using the keypad. After the final input, press "√". You can press← to delete a number.
- 2) Enter your Passcode using the keypad. After the final input, press" $\sqrt{}$ ".
- 3) You are now logged into your xID.

#### A) QUICK START UP

Press "Go/Pause" to begin working out. Time, distance, and calories will all count up from zero.

### **B) SELECT A PROGRAM**

- 1) Select a PROGRAM using "up/down" and press √.
- 2) Set workout program information using "up/down" and press√ after each selection.
- 3) Press "Go/Pause" to begin workout.

#### **FINISHING YOUR WORKOUT**

When your workout is complete, the display will flash "WORKOUT COMPLETE" and beep. Your workout information will stay displayed on the console for 30 seconds and then reset.

#### TO CLEAR SELECTION/RESET THE CONSOLE

Hold "stop" for 3 seconds.

### **CHAPTER 3: XR CONSOLE ENGINEER MODE**

### 3.1 Initial setup

When the console is first powered on, it will start in setup wizard.

#### Step1:

Press UP/DOWN key to select language and press ENTER to move on to the next setting for Machine type



## Step2:

Press UP/DOWN key to select machine type and press ENTER to save.



#### Step3:

Press UP/DOWN key to select machine unit (KM or Mile) And press ENTER to complete setup wizard.



## 3.2 How to enter engineer mode

Press incline+ and speed- 3seconds to enter engineer mode (TM). Press resistance+ and resistance- 3seconds to enter engineer mode(BK&EP&AS)



Use "up" and "down" keys to scroll menu..

**ENGO** DISPLAY TEST

**ENG1** HARDWARE TEST

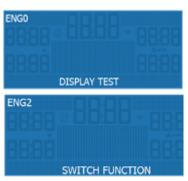
**ENG2** SWITCH FUNCTION

**ENG3** INFORMATION

ENG4 SET DAPI

To select, press "enter" to into next level of menu options.

Press "STOP" for 3 seconds to return to previous menu.



ENG2 SFEE

# 3.3 Engineer function description

MODE	FUNCTION	DESCRIPTION					
		Start Key – LCD/LED on including ERP					
		Stop Key – LCD/LED off including ERP	8888 00:00 8888				
ENG 0	Display Test	Any Other Key - Will show on the display window.	8888 8888				
		Hold the STOP key for 3 seconds to return to the	(39				
		ENG 0 Menu.					
	Hardware	Resistance or drive Motor Test.					
ENG 1	Test	Incline motor test					
	1630	Heart rate grip test					
		P1- Unit setting. (KM or Mile). Press Enter to save	ENG2				
		P2. Language selection (Use ↑↓ button to select	989A				
		language) Press Enter to save	8888 8888				
		P3. Machine selection (Use↑ ↓ button to select a	SWITCH FUNCTION				
			PI ARAA - DOOL				
		machine type from Treadmill, Elliptical, Bike or	2000 00.00 00.00				
			Ascent trainer.) Press Enter to save	METRIC			
		P4. Model selection. (Use ↑↓ button to select a	P2				
		model) Press Enter to save	9888 • 8898				
		P5. Energy mode selection. (Use ↑↓ button to switch	0000 0000				
			between ON/OFF) Press Enter to save	ENGLISH			
		P6. First Boot selection (Switch "First Boot" Flag	P3				
	Switch	using ↑↓ button)	9888 • 8888 • 8888				
ENG 2	Function		9888 8888				
			TREADMILL				
			P4				
			88:88 • 00:00 - 88:88				
		Note:	8888 8 <u>88</u> 8				
		Model default → R30	TF30				
		ERP default(energy mode)→ ERP ON	P5				
			88'88 ° nn:nn - 88'88				
			8888 8888				
			ENERGY SAVE ON				
			P6				
			00:00 000 86:08				
			POOT OFF				
			BOOT OFF				

ENG 3	Information	<ul> <li>Accumulated information(Distance &amp;Time)</li> <li>LCB software version</li> <li>UCB software version</li> </ul>	DISTANCE TIME  00 00  ACCUMULATED INFO  1.014  UCB VERSION
ENG 4	SET DAPI	There are "Production", "QA", "Staging" and "DEV" servers.  Must to select "Production"	SET DAPI  SET DAPI  PRODUCTION

## 3.4 Other information

### **PASSPORT SYNC**

In standby page to hold Passport icon 3 seconds console will showing "RF SYNC" once completed console display "PASSPORT READY"

### **ROOT**

In standby page to hold key 9 till console showing "REBOOTING" to reset setting including Language, Model and Unit then back to standby page.



## 3.5 Software updating

1	Updating console software with USB Flash Driver, software releases	
	will be seen on web.	8888 9999 - 8888
2	Fill U disk with the well-prepared and updated software.	SOFTWARE UPDATE PRESS
	Insert USB Flash Driver into USB port, you will see "software update	
	press enter"; press enter and then software will update automatically.	
3	If software be updated successfully, console will return to user screen.	8888
	Remove USB flash disk.	EHTER

#### 4.1 XER/XIR CONSOLE DESCRIPTION



#### 4.1.1 XER/XIR CONSOLE

Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use. The XER and XIR has a fully integrated touch screen display. All information required for workouts is explained on screen. Exploration of the interface is highly encouraged.

- A) GO: Press to begin a quick start program.
- B) PROGRAM BUTTONS: Press to select from a number of preset programs.
- C) USER MENU: Select an existing User, Guest or Add User.
- **D) USER SETUP:** Allows you to edit User Information.
- **E) SETTINGS MENU:** Access to Volume Controls, Bluetooth Pairing, Wi-Fi Setup, Sync Passport, Machine defaults and more.
- **F) HEADPHONE JACK:** Plug your headphones into the console to use them instead of the console speakers.
- **G) AUDIO IN:** Plug your media player into the console using the included audio adaptor cable.
- **H) ENERGY SAVER LIGHT:** Indicates if machine is in energy saver mode. Press a speed/incline/resistance button to wake up the machine.
- I) USB PORT: Access media from compatible devices (XIR only), charging devices and for software updates (Will not charge USB devices that draw more than 1 amp).

.

J) SPEAKERS: Audio plays through the speakers.

K) READING RACK: Holds reading material or electronic device.

#### 4.1.2 INITIAL SETUP

When you power on the console for the first time you will be prompted to perform initial setup.

1) Select your language and touch →to confirm.

#### **4.1.3 WIFI SETUP**

- 2) Choose from the available wireless networks detected and shown on screen. If you do not see your network, you can add it manually via the OTHER option. If you do not want to set up Wi-Fi at this time, touch →.
- 3) Use the keyboard to enter your Wi-Fi network password. Touch  $\sqrt{}$  to confirm.
- 4) Wi-Fi connection status and signal strength will be indicated by the Wi-Fi symbol in the upper right corner of the display.

#### 4.1.4 MODEL SETUP

- 5) Select your model type and touch→ to confirm
- 6) Select your model number and touch to→ confirm.
- 7) Enter your console and frame serial numbers and touch→ to confirm.

#### 4.1.5 DATE AND TIME SETUP

- 8) If the console has been connected to Wi-Fi, it will detect your location and fill in time and date info automatically.
- 9) Change any time and date settings as desired and touch→ to confirm.

#### 4.1.6 SET UP XID ACCOUNT FOR VIA FIT CONNECTIVITY

Creating an xID account will allow you to save and share workout data online at

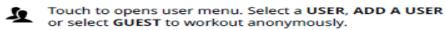
#### ww.ViaFitness.com

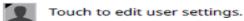
- 1) Create and save up to four xID accounts directly from the console.
- 2) If you already have an xID, touch **Log In**. To continue without creating an xID touch **Skip xID**.
- 3) Enter your phone number or another easy-to-remember 10-14 digit number. This will be your account number. Touch→ to confirm.
- 4) Create an easy to remember 4-digit passcode. Touch to confirm.
- 5) Enter your email address. This must be an email address not associated with any other xID account. Touch → to confirm.
- 6) Continue entering the user information, Touch→ to confirm.
- 7) Confirm your information and select "I accept the terms and conditions" box to review the terms and Conditions. Touch√ to complete xID setup.



#### **GO SCREEN**

#### **USER MENU**





#### SETTINGS MENU

Touch to opens settings menu.

\* Touch to pair a **BLUETOOTH** device.

Touch to enter WI-FI setup.

Touch to sync PASSPORT PLAYER. See page XX.

Touch to access more SETTINGS.

### **4.1.7 GETTING STARTED**

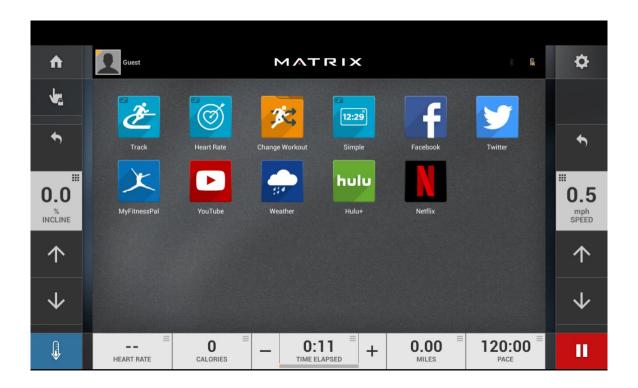
Option 1: Touch GO to begin working out immediately. .

Option 2: Touch the WORKOUT CATEGORY button of your choice to customize your workout.



#### **PROGRAM SETUP**

- 3) After selecting a **WORKOUT CATEGORY** button, select one of the **PROGRAMS** listed to the left. For more information on a selected program and touch icon.
- 4) Use the **SLIDER CONTROLS** to adjust your program settings.
- 5) Touch above number to open a keypad to enter numbers manually.
- 6) Touch "↓" to return to the **GO SCREEN**.
- 7) Touch **GO** to begin your workout.



#### HOMESCREEN

- · The USERNAME or GUEST is shown in the upper left corner.
- Touch to change WORKOUT STATISTICS displayed at the bottom of the screen.
- Touch not to go back to the home screen whenever you're using an app.
- Touch to adjust VOLUME, pair a BLUETOOTH device or to change AUDIO SOURCE (TV, My Media, Virtual Active, etc.).
- Touch \( \frac{1}{2} \) to increase or decrease the intensity level, speed or incline.
- Touch to use the keypad to set intensity level, speed or incline. Press to confirm change.
- Touch to change intensity level, speed or incline back to previous setting.
- Touch 
   It to temporarily pause your workout and touch 
   to resume.

   NOTE: After resuming, speed, incline and intensity levels will be reset.
- While paused, touch to end workout.
- Touch to increase or decrease the duration of your workout.
- Touch to enter cool down mode. Cool down lasts for a few minutes while reducing the workout intensity, allowing your body to recover from your workout.
- Touch to lock the screen in order to prevent accidental screen touches from being implemented. Touch it again to unlock the screen and allow screen touches.

## 4.1.8 BLUETOOTH (XIR ONLY)\*

The XIR console can connect via Bluetooth to one device per category:

- Media Players (Music only)
- Speakers / Headphones
- Heart Rate Monitors

## 4.1.9 TO CONNECT YOUR COMPATIBLE DEVICE:

- 1) BLUETOOTH PAIRING can be accessed from the SETTINGS MENU.
- 2) Turn on Bluetooth on your device and make sure it is discoverable.
- 3) Touch the appropriate category from the list above. The Bluetooth device should appear to the right after a few seconds.
- 4) Touch the device name and follow the onscreen prompts to pair the device. Once paired, the device name will be highlighted and Bluetooth icon will appear in the top right corner of the menu bar.
- 5) Connected Media Players or phones can stream audio in the MY MEDIA APP.
- 6) You may also connect a Bluetooth Heart Rate Strap.

#### 4.1.10 USB AUDIO/VIDEO (XIR ONLY)

The XIR console can stream media in the **MY MEDIA APP** via USB. Supported devices include USB flash drives, Windows phones/tablets, and Android phones/tablets.

The media types supported are:

#### **Audio**

- AAC (.3GP, .MP4, .M4A, .AAC)
- MP3 (.MP3)
- Wave (.WAV)

#### Video

- H.263 (.3GP, .MP4)
- H.264 (.MP4, .MOV)

#### TO PLAY MEDIA DURING YOUR WORKOUT:

- 1) Connect your device to the USB port located beneath the display and make sure it is unlocked.
- 2) Open the MY MEDIA APP and select the USB device name from the Media Source list.
- 3) Select the Audio or Video tab at the top to access your files and play your media.

#### 4.1.11 PASSPORT™ MEDIA PLAYER

The Passport player, featuring Virtual Active™ technology, is a high definition experience that uses real destination footage and matching ambient sounds from stunning destinations around the world. The ultimate in workout entertainment, Passport lets you escape the confines of a regular workout routine while enjoying a dynamic experience. A Passport player is available for purchase separately from your Matrix Retailer. Additional courses are available from your Matrix Retailer. For more information, go to: www.passportplayer.com

### SYNCING CONSOLE WITH PASSPORT

- 1) Use the arrow keys on the Passport remote to scroll to the setup icon and press select.
- 2) Follow the on-screen prompts and when prompted, return to the console and open the

### SETTINGS MENU and touch PASSPORT SYNC.

3) When the passport sync is complete, the passport icon will appear in the top right corner of the menu bar. NOTE: See PASSPORT OWNER'S MANUAL for more information.

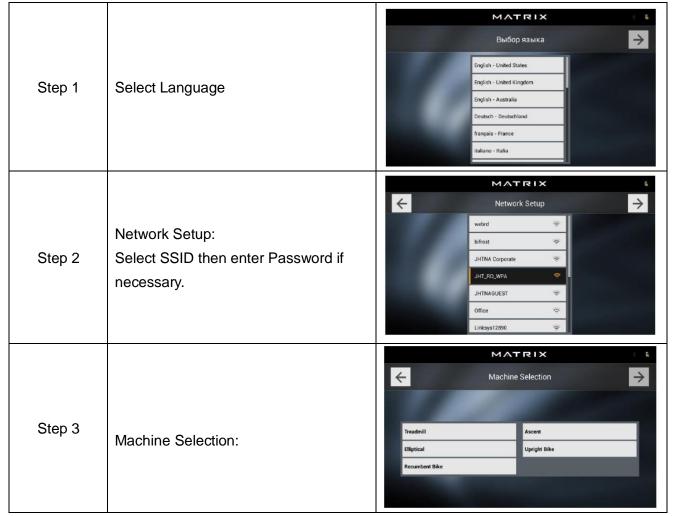
#### **4.1.12 AUDIO IN/OUT**

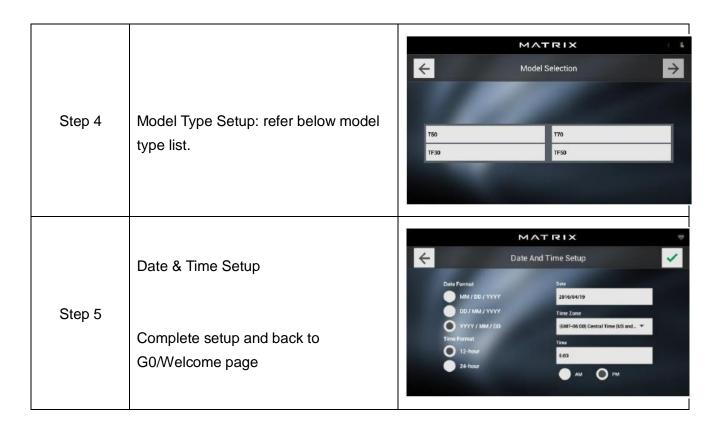
You can play audio through the console speakers by connecting a device to the audio in jack located beneath the display. Plug your headphones into the audio out jack to use them instead of the console speakers.

## 4.2 Initial setup

Please refer to sections 4.1.2-4.1.5.







Notes: The console can store a maximum of four (4) users.

## 4.3 Model type list

Model	Console	Model ID
DECLIMPENT ( D )	XER	R30XER/ R50XER
RECUMBENT (R)	XIR	R30XER/ R30XIR
LIDDICHT ( II )	XER	U30XER/ U50XER
UPRIGHT (U)	XIR	U50XER/ U50XIR
	XER	SE30XER/ SE50XER
ELLIPTICAL (E)	XIR	SE30XIR/ SE50XIR
ACCENIT (A)	XER	A30XER/ A50XIR
ASCENT (A)	XIR	A30XIR/ A50XIR
	XER	TF30XRE / TF50XER
T	\XER	T50XER/ T70XER
Treadmill (T)	XIR	TF30XIE / TF50XIR
	AIR	T50XIR/ T70XIR

<u>Machine settings</u> -- Note: Access by tapping Machine Settings from the onscreen settings menu.





## 5.1 General

Category	Name	Default	Range	Units	Comments
	Accumulated Time	0.00	1	Hours	Read Only
	Accumulated Distance	0.00		Miles/ KM	Read Only
	Time Zone	Central Time			Values are scrollable from a drop down list
	Date	RTC Date	YY: 2000-2099 MM:01-12 DD:01-31		Enter using keypad (Birthday keypad).
	Time	RTC Time	00-23:00-59:00-59	12/ 24 Hours	Read Only
	Time Format	12 Hour	12 Hour, 24 Hour		
	Language	English	See Languages		Scrollable list.
General	Setup	(U.S.)	Table		Scrollable list.
	Software Version		Software Updater, Native Libraries, Main Apps, 3rd Party Apps, Media Files, Sprint 8, Keyboard Apps	Major Minor Build Revision	Read Only. Current software, pulled from the update package manifest.
			OS Version (from		
	Firmware		Manufacturer), IO		Read Only. Current software,
	Versions		Version, LCB		pulled from the hardware.
			Version		

## 5.2 Update

Category	Name	Default	Range	Units	Comments	
Update	Automatic Update	Check	Check/No Check		If Automatic Update is checked the console checks for updates at 1:00am or if it's been more than 2 hours since the last check. If an update is available the console downloads it. When all update file are downloaded the console waits for the following events to install the updates: when the console goes into ErP or Demo Video Mode (it installs the updates then enters these modes); if the user powers down the console then install the update when it powers back on.	
Opulate	Update	Update From USB	Update From USB/Install		Check a connected USB drive for updates. If updates are found they will be listed under Available Updates and the button will display Install.	
	Check For Updates	Check For Updates	Check For Updates/Install		Check DAPI server for updates. If updates are found they will be listed under Available Updates and the button will display Install.	
	Available Updates		Software Updater, Native Libraries, Main Apps, 3rd Party Apps, Media Files, Sprint 8, Keyboard Apps	Major.Minor .Build.Revision	List packages that have updates available and their version	

# 5.3 Network Setup

Category	Name	Default	Range	Units	Comments
Network Setup	Wifi Mac Address	Hardware Specified	0.0.0.0.0.0 - 255.255.255 5.255.255	Byte.Byte.Byte.Byte.Byte. ByteIn Hex	Mac address is polled from the installed hardware.Read Only, should not show up if not connected to Wifi.
	Wifi Setup				Goes to the Wifi setup page.

# 5.4 Network Setup (Wifi Setup)

Category	Name	Default	Range	Units	Comments
Network Setup (Wifi Setup)	Available Wireless Networks	1	Wireless networks in range with 'Other Network' always shown at the bottom of the list in order for the user to specify their own network.	If the user selects 'Other Network' they should be prompted to enter the Network Name, Password and the security protocol from None, WEP, WPA, WPA2, WPAPSK, WPA2PSK.If the user selects the network the console is currently connected to (indicated by a different colored Wifi symbol) they should be prompted with the option to forget the settings for that network.	Follows the same look and function as First Time Setup for Wifi setup: lists available wireless networks, their signal strength on the console and which one the console is connected to if it is connected to one. Tapping a network name has the console prompt the user to enter the network password if there is one required. If the user inputs the wrong credentials the system notifies them that the console was unable to connect to the network and they are returned to the network list. Additionally, tapping on the network the console is currently connected to (indicated by a different colored Wifi symbol) will present a dialog with the option to forget the settings for that network

# 5.5 Weather

Category	Name	Default	Range	Units	Comments
Weather Note: Units (Fahrenheit/Imperial vs. Celsius/Metric) are determined by	Enable Alerts	Check	Check/N o Check		If it has a weather alert from the website, the alert mark will be in red on the workout screen.
language - region. If a user authenticates using xID, the units will	Refresh				Tap to refresh the web connection to Bing. Works the same as the refresh button in a web browser.
respect the preferred units as set in the user's profile settings. If guest user, the setting in service mode should be respected.	Default City	Current Location which is determined by either the location stored in the console or the IP Address of the console if a location has not been set.		GPS Coordinates Note: May or may not display a location other than GPS coordinates. This is an issue with Bing as opposed to the web app.	Search by touching and dragging on the map. Double touch a spot on the map to set as your location.

# 5.6 Applications

Category	Name	Default	Range	Units	Comments
Applications	Applicati on Setup	Show all available apps	Move, Hide/Make Inactive, Locked		Displays a grid of the app buttons. Tapping and holding down on an app will make it movable to other spots (other apps will shift automatically). This app can be moved to the 'Inactive' column in which case it will not appear on the run screen. If an app button is dark with a padlock it is locked and cannot be moved.

# 5.7 Hardware

Category	Name	Default	Range	Units	Comments
Hardware	ErP	No Check	Check/No Check		Alternates between ErP which puts the console in a low power mode and launching the Demo Video. When checked the console goes into ErP, when not checked the console launches the Demo Video. These actions occur after a time of inactivity (no workout, touch events, etc.) determined by the ErP Timeout setting. Pressing any physical key wakes up the console from ErP or the Demo Video and returns it to the Home/Go Screen. The Demo Video can also be exited by touching the screen.
	ErP Timeout	15	1-60	Minutes	Amount of time after which the console enters a low power mode or the Demo Video
	Backlight Brightness	100	0-100		Set the brightness of the screen.
	Master Volume	5	0-30		All apps have their volume maxed, this sets the system-wide volume. The volume matches the DQE standard. Does not affect the system beep volume.

# 5.8 Restore Factory Defaults

Always available, not in its own tab.

Category	Name	Default	Range	Units	Comments
Restore Factory Defaults Always available, not in it's own tab	Restore Factory Defaults				Resets various options, counters, and configuration values to defaults given to the factory for production. See the Factory Defaults Table for a list of options and values. It also resets the First Time Setup wizard to run again

## **CHAPTER 6: XIR/ XER CONSOLE ENGINEERING MODE**

# 6.1 How to enter Engineering Mode

Double-tapping the bottom left then bottom right corners of the touch screen when in Machine Settings or Service Mode.



## **6.2 Engineering Mode instruction**

		Engineer	ing Mode		
	Screen	Accumulated	Accumulated	Serial	Serial
	Timeout	Time	Distance	Number-Console	Number-Frame
General	Demo Mode	Show Setup Wizard	Date	Time	Time Format
	Language Setup	Social Network Post	Software Versions	Firmware Versions	DAPI Environment
	Keyboard	Maximum	Maximum	Maximum	
	Disable	Workout	Workout	Workout	Pause Time
Workout	Threshold	Time	Calories	Distance	
	Maximum	Maximum	Cool Down	Maximum Cool D	own Adjustment
	Speed	Incline	Time	Time	
	Level	Ago	Weight	Gender	Default
	Levei	Age	vveignt	Gender	Workout Time
Setup Default	Default	Default			
	Workout	Workout	Default Web p	age	
	Calories	Distance			
Update	Automatic	Update from	Check For	Available Updates	
Ориате	Update	USB	Update	Available Opuates	
Restore Factory					
Defaults Always	Restore Factory Defaults				
available, not in it's					
own tab.					
Network Setup	Wifi Mac	Wifi Setup			

	Address				
Network Setup (Wifi Setup)	Available Wir	eless Networks			
Weather Note: Units (Fahrenheit/Imperial vs. Celsius/Metric) are determined by language - region. If a user authenticates using xID, the units will respect the preferred units as set in the user's profile settings. If guest user, the setting in service mode should be respected.	Enable Alerts	Refresh	Default City		
Applications	Application S	etup			
Calibration	Run Machine				
	ISB Connection Mode	ERP	ERP Timeout	Backlight Brightness	Key Test
Hardware	Play Key Sound	Play Workout Countdown Sound	Master Volume	Headphone Insertions	Reset
Service	Service History				
Errors	Error Log				

The categories in Engineering Mode are almost same with Machine settings and Service Mode.

## 7.1 How to enter Service Mode

Hold "Incline Up"+ "Speed Down" on Treadmills and "Resistance Up"+ "Resistance Down" on AURE for 5 seconds on the Welcome/Go Screen.



For TM



For Bike





For EP without incline

For EP with incline

Notes: (T) Treadmill, (A) Ascent Trainer, (E) Elliptical, (U) upright Bike,(R) Recumbent Bike

## 7.2 General

Category	Name	Model	Default	Range	Units	Comments
	Screen Timeout	TAEUR	120	15, 30, 60, 90, 120, Never	Seconds	Dropdown list. Affects those screens that go to/from the Welcome Screen (Go Screen, Workout Summary Screen, etc.). The exceptions to this are Machine Settings, Service Mode and Engineering Mode which do not timeout.
	Accumulated Time	TAEUR	0.00	0.00 - 596523.00	Hours	Read Only
	Accumulated Distance	TAEUR	0.00	0.00 - 1959556.00 Miles 0 .00 - 3153600.00 Km	Miles/ KM	Read Only
General	Serial Number - Console	TAEUR		XER, XIR	Consoles	Read Only. This combines with the frame number to create a machine identifier that will show up in Viafit. Format is Frame Console, e.g., R30XIR
General	Serial Number - Frame	TAEUR		A30, A50, U30, U50, R30, R50, E30, E50, TF30, TF50, T50, T70	Frames	Read Only. This combines with the console number to create a machine identifier that will show up in Viafit. Format is Frame Console, e.g., R30XIR
	Demo Mode	TAEUR	No Check	Check/No Check		Sets the console into a demo mode that allows the console to emulate the MCB/LCB and ignore errors so that the console software can run. Sets RPM to 30. This does not control the Demo Video, that is done by the ErP setting.
	Show Setup Wizard	TAEUR	No Check	Check/No Check		Triggers the First Time Setup Wizard to run on the next boot up.
	Time Zone	TAEUR	Central Time			Values are scrollable from a drop down list
	Date	TAEUR	RTC Date	YY: 2000-2099 MM:01-12		Enter using keypad (Birthday keypad).

			DD:01-31		
Time	TAEUR	RTC Time	00-23:00-59:00-59	12/ 24 Hours	Read Only
Time Format	TAEUR	12 Hour	12 Hour, 24 Hour		
Language	TAEUR	English	See Languages		Scrollable list.
Setup	TALUK	(U.S.)	Table		Scrollable list.
			Software Updater,		
			Native Libraries,	Major	Read Only. Current
Software	TAEUR		Main Apps, 3rd	Minor	software, pulled from the
Version	TALOR		Party Apps, Media	Build	update package manifest.
			Files, Sprint 8,	Revision	upuate package mainiest.
			Keyboard Apps		
			OS Version (from		Read Only. Current
Firmware	TAEUR		Manufacturer), IO		software, pulled from the
Versions	IALOR		Version, LCB		hardware.
			Version		naraware.
					Indicates what server
					(URL) the console
DAPI			Dev, QA, Staging,		connects to for web
Environment	TAEUR	Production	Production		connected services
Liviloriinon			1 Toddollon		(workout tracking, web
					apps, asset
					management, DAPI).

## 7.3 Workout

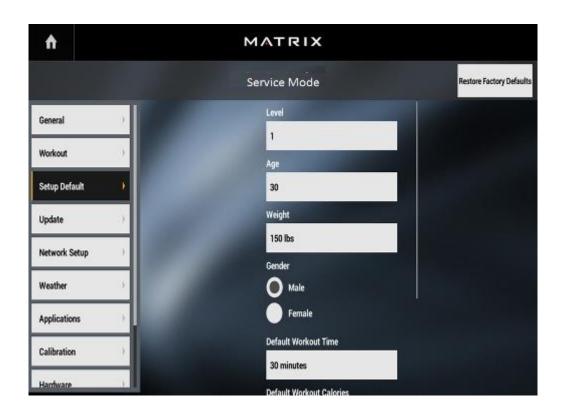
Category	Name	Model	Default	Range	Units	Comments
	Keyboard	Т	2.0MPH/3.2K	Machine	MPH/KPH	Determines the speed
	Disable		PH	Minimum		at which the keyboard
	Threshold			4.0MPH/6.4KPH		is disabled on a
						treadmill. Machine
						minimum will differ by
						frame from
						0.1MPH(.016KPH) to
						0.5MPH(0.8KPH).
	Maximum	TAEUR	120	10-120	minutes	
	Workout Time					
	Maximum	TAEUR	1000	50-10000	calories	For goal workouts.
	Workout					
	Calories					
	Maximum	TAEUR	31.0mile/50.0	(AEUR)	Miles/Km	For goal workouts.
	Workout		Km	1.0-62.0Mile		
	Distance			/1.0-100.0Km		
				(T)		
workout				1.0-31.0Mile		
				/1.0-50.0Km		
	Pause Time	TAEUR	5	1-10	minutes	Note: The treadmill
						should start at the
						machine minimum
						speed when resuming
						from pause.
	Maximum	Т	12.5MPH/20.0	3.1-Machine Max	MPH/KPH	For Retail Machine
	Speed		KPH	MPH/5.0-Machin		Max =
				e Max KPH		12.5MPH/20.0KPH.
	Start Speed	Т	Machine	Machine	MPH/KPH	Machine minimum will
			Minimum	Minimum-1.4MP		depend on information
				H/ 2.3KPHMPH		from the system
						engineer. Can be
						0.1-0.5MPH/0.1-0.8KP
						H. This sets the default
						speed during workout
						setup and the speed

I	ı		T	I	<u> </u>
					the treadmill will start at
					if the user presses the
					'Go' quick key.
Maximum	TA	(T)15	(T)1.0-15.0	(T)% Grade	
Incline		(A)100	(A)1-100	(A)%	
Cool Down	TAEUR	5	1-20	Minutes	Maximum times a user
Time					can increase the cool
					down time = Maximum
					Cool Down Adjustment
					Time - Cool Down Time
Maximum	TAEUR	5	1-20	Minutes	Maximum times a user
Cool Down					can increase the cool
Adjustment					down time = Maximum
Time					Cool Down Adjustment
					Time - Cool Down Time



## 7.4 Setup default

Category	Name	Default	Range Units		Comments
	Age 30 14-99		14-99	Years	
			(TF30)50-350lbs/22-159kg		
			(TF50/T50/T70)50-400lbs/22-181kg		
		150lbs/6	(E30/E50)50-325lbs/22-148kg		
	Weight	150lbs/6 8kg	(A30)50-325lbs/22-148kg	lbs/68kg	
		okg	(A50)50-350lbs/22-159kg		
			(R30/R50)50-350lbs/22-159kg		
			(U30/U50)50-350lbs/22-159kg		
Setup	Gender	male	Male/female		
Default	Default			Minutes	For Max See Workout
	workout	30	5-max		
	time				Category
	Default				For Max See Workout
	workout	300	50-max	Calories	Category For goal
	calories				based workout.
	Default	3.0mile/	0.6-max(mile and km)	Miles/Km	For Max See Workout
	workout	5.0km			Category For goal
	distance				based workout.



## 7.5 Update

Category	Name	Default	Range	Units	Comments
					If Automatic Update is
					checked the console
					checks for updates at
					1:00am or if it's been
					more than 24 hours
					since the last check. If
					an update is available
					the console
					downloads it. When all
					update files are
					downloaded the
	Automatic	Check	Check/No Check		console waits for the
	Update	Check	Спеск/No Cneck		following events to
					install the updates:
					when the console goes
					into ErP or Demo
					Video Mode (it installs
Update					the updates then
					enters these modes);
					if the user powers
					down the console then
					install the update
					when it powers back
					on.
					Check a connected
					USB drive for updates.
		Update			If updates are found
	Update	From	Update From USB/Install		they will be listed
	From USB	USB	opuate From OSB/Install		under Available
		038			Updates and the
					button will display
					Install.
	Check For	Check			Check DAPI server for
	Updates	For	Check For Updates/Install		updates. If updates
	Opuates	Updates			are found they will be

				listed under Available
				Updates and the
				button will display
				Install.
Available		Software Updater, Native Libraries,	Major.Mi	List packages that
	30	Main Apps, 3rd Party Apps, Media	nor.Build	have updates available
Updates		Files, Sprint 8, Keyboard Apps	.Revision	and their version
Default				For Max See Workout
workout	300	50-max	Calories	Category For goal
calories				based workout.
Default	3.0mile/	0.6-max(mile and km)	Miles/Km	For Max See Workout
workout	5.0km			Category For goal
distance				based workout.



Insert well-prepared USB flash driver into console USB, select "automatic update", software can be updated.

More details please refer to 2.4

## 7.6 Network setup

Category	Name	Default	Range	Units	Comments
Network Setup	Wifi Mac Address	Hardware Specified	0.0.0.0.0.0 - 255.255.255 5.255.255	Byte.Byte.Byte.Byte.Byte. ByteIn Hex	Mac address is PULLED. Read Only, should not show up if not connected to Wifi.
	Wifi Setup				Goes to the Wifi setup page.
Network Setup (Wifi Setup)	Available Wireless Networks		Wireless networks in range with 'Other Network' always shown at the bottom of the list in order for the user to specify their own network	If the user selects 'Other Network' they should be prompted to enter the Network Name, Password and the security protocol from None, WEP, WPA, WPA2, WPAPSK, WPA2PSK.If the user selects the network the console is currently connected to (indicated by a different colored Wifi symbol) they should be prompted with the option to forget the settings for that network.	Follows the same look and function as First Time Setup for Wifi setup: lists available wireless networks, their signal strength on the console and which one the console is connected to if it is connected to one. Tapping a network name has the console prompt the user to enter the network password if there is one required. If the user inputs the wrong credentials the system notifies them that the console was unable to connect to the network and they are returned to the network list.



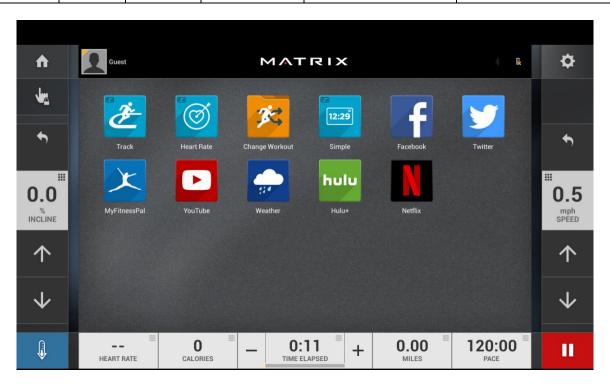
## 7.7 Weather

Category	Name	Default	Range	Units	Comments
Weather Note: Units (Fahrenheit/Imperial vs. Celsius/Metric) are determined by	Enable Alerts	Check	Check/N o Check		If it has a weather alert from the website, the alert mark will be in red on the workout screen.
language - region. If a user authenticates using xID, the units will	Refresh				Tap to refresh the web connection to Bing. Works the same as the refresh button in a web browser.
respect the preferred units as set in the user's profile settings. If guest user, the setting in service mode should be respected.	Default City	Current Location which is determined by either the location stored in the console or the IP Address of the console if a location has not been set.		GPS Coordinates Note: May or may not display a location other than GPS coordinates. This is an issue with Bing as opposed to the web app.	Search by touching and dragging on the map. Double touch a spot on the map to set as your location.



## 7.8 Application

Category	Name	Default	Range	Units	Comments
Applications	Applicati on Setup	Show all available apps	Move, Hide/Make Inactive, Locked		Displays a grid of the app buttons. Tapping and holding down on an app will make it movable to other spots (other apps will shift automatically). This app can be moved to the 'Inactive' column in which case it will not appear on the run screen. If an app button is dark with a padlock it is locked and cannot be moved.



# 7.9 Calibration

Category	Name	Default	Range	Units	Comments
Calibration	Run Machine	Run Machine	Machine, Stop Machine (button alternates between the two)	EUR: Time, RPM, Calories, Distance, Heart Rate, Resistance, Resistance Slider. A: Time, RPM, Calories, Distance, Heart Rate, Resistance, Incline, Resistance Slider, Incline Slider. T: Time, Incline, Speed, Calories, Distance, Heart Rate, Incline Slider, Speed Slider	Runs a 'workout' on a machine and on a treadmill disables Tread Sense. Meant for testing and calibrating the hardware. What can be adjusted and what stats are displayed changes to match the frame being tested. Should allow for the testing of the frames hardware buttons, heart rate grips and 5MHz heart rate detector.



# 7.10 Hardware

Category	Name	Default	Range	Units	Comments
	USB Connection Mode	Host	Host, Device		Switches the USB port from Host (user can plug in USB/Phone for media) to Device (used for ADB and development). Note that the console must reboot for this switch to take effect.
	ErP	No Check	Check/No Check		Alternates between ErP which puts the console in a low power mode and launching the Demo Video. When checked the console goes into ErP, when not checked the console launches the Demo Video. These actions occur after a time of inactivity (no workout, touch events, etc.) determined by the ErP Timeout setting. Pressing any physical key wakes up the console from ErP or the Demo Video and returns it to the Home/Go Screen. The Demo Video can also be exited by touching the screen.
	ErP Timeout	15	1-60	Minutes	Amount of time after which the console enters a low power mode or the Demo Video
	Backlight Brightness	100	0-100		Set the brightness of the screen.
Hardware	Key Test			All physical key presses.	Read Only. Starts when you enter the test. Causes the console to display the all subsequent physical key presses on the console. Exit by selecting a tab.
	Play Key Sound	Check	Check/No Check		Sound plays when the user presses the frame buttons (e.g., incline up/down, resistance up/down, etc.)
	Play Workout Countdown Sound	Check	Check/No Check		
	Master Volume	5	0-30		All apps have their volume maxed, this sets the system-wide volume. The volume matches the DQE standard. Does not affect the system beep volume.
	Headphone Insertions	0			Read only. Keeps a count of how many times headphones have been inserted and removed from the headphone jack. Can be reset by restoring to factory defaults.
	Reset				Button that resets the Headphone Insertions and Removals counts to 0.

# 7.11 Service

Category	Name	Default	Range	Units	Comments
Service	Service History			Battery, Belt: Drive, Belt: Generator/Flywheel, Belt: Running and Flip Deck, Belt: Running and New Deck, Chain: Drive, Chain: Stair, Console Cable, Reset Headphone Accumulators, Reset Accumulated Time, Reset Accumulated Distance, Reset Total Floors, Reset Factory Defaults	Generates a service entry from the service items listed in a log that is kept on the machine and sent to DAPI (for things like Asset Management). Tap Create to create the entry for the selected Service Type.



## **7.12 Errors**

Category	Name	Default	Range	Units	Comments
Errors	Error Log		Clear All	Error Code, First Occurrence, Last Occurrence, Count	Error history that can be cleared with the Clear All button. Lists the error codes experienced by the console, the first and last occurrence of that error code and how many times it has happened since the first occurrence.



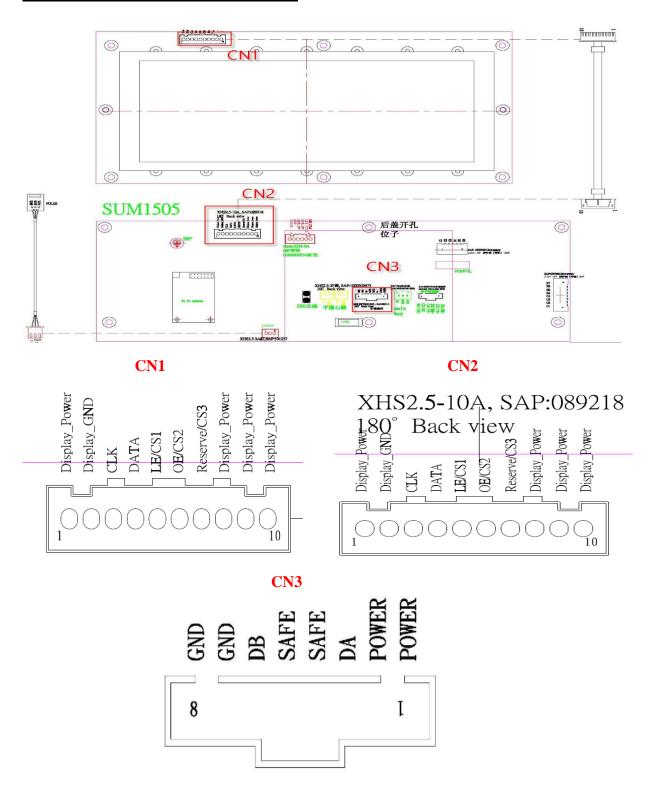
# 7.13 Restore Factory Defaults

Category	Name	Default	Range	Units	Comments
					Resets various
					options, counters, and
Restore					configuration values to
Factory					defaults given to the
Defaults	Restore				factory for production.
Always	Factory				See the Factory
available,	Defaults				Defaults Table for a list
not in it's					of options and values.
own tab					It also resets the First
					Time Setup wizard to
					run again.



## **8.1 ELECTRICAL DIAGRAM**

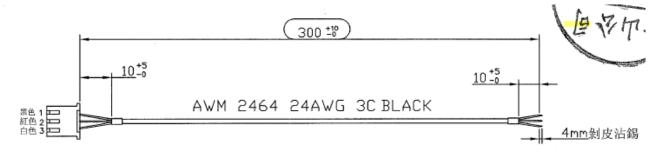
## 8.1.1 XR/XER/XIR Electrical Diagram



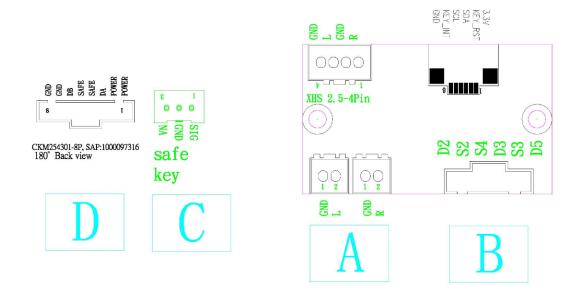
### Display connect wire



### Polar connect wire

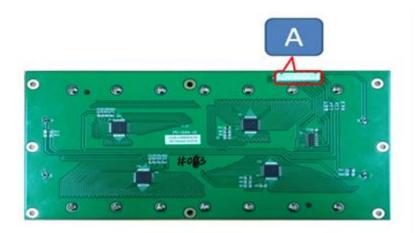


## **8.1 ELECTRICAL DIAGRAM**

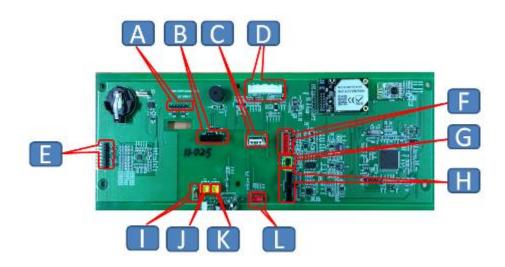


Connect to Frame

# **8.1.2 XR UCB Ports Description**

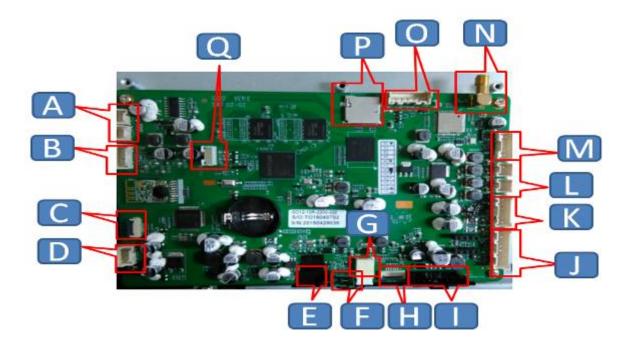


A LCD Display
Port



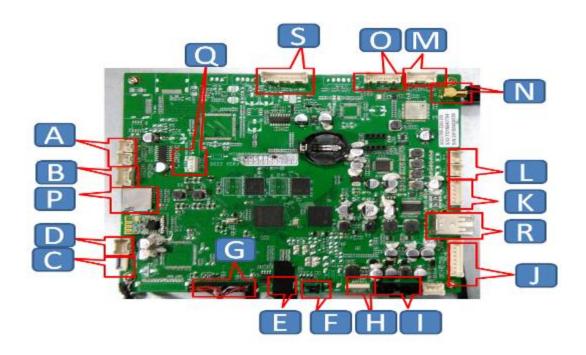
Α	Program Keypad	G	Safety Key
В	Quick Key	Η	Digital Interface
С	USB Port	ı	GND wire
D	LCD Display Port	J	Hand Grip L
Е	Program Keypad	K	Hand Grip R
F	USB Interface	L	Polar Interface

# 8.1.3 XER UCB Ports Description



Α	Hand Grip	J	USB+ErP LED
В	Wireless HR	K	USB+Audio in
С	MCU debug	L	Speaker
D	Fan	M	Earphone
E	Touch Panel	N	WiFi antenna
F	Safety Key	0	NFC (Reseved)
G	TFT back light	Р	TF card
Н	12C keypad	Q	Uart print port
I	Digital Interface		

# 8.1.4 XIR UCB Ports Description



Α	Hand Grip	K	USB+Bluetooth sink
В	Wireless HR	L	Speaker
С	MCU debug	M	Earphone
D	Fan	N	WiFi antenna
E	Touch Panel	0	NFC (Reseved)
F	Safety Key	Р	TF card
G	TFT back light	Q	Uart print port
Н	12C keypad	R	USB
I	Digital Interface	S	Audio line in
J	USB+ErP LED		

### **8.2 CONSOLE DOES NOT LIGHT UP**

#### 1) SYMPTOM:

The power switch is in the on position, but the console will not turn on.

#### 2) Reasons:

- a. The console is damaged or the console cable is not connected properly.
- b. Poor connection to the terminals on the lower control board.
- c. The lower control board is damaged.

#### 3) SOLUTION:

- 1. Verify the outlet the machine is plugged into is functional.
- Verify the correct power cord is being used. Only use the power cord included with the unit or contact Customer Tech Support
- Verify the power cord is not pinched or damaged and is properly plugged into the outlet and the machine.
- 4. If the voltage through the console cable is 12VDC, the console is defective, replace it.
- 5. Remove the console and check to see if the console wire has a good CONNECTION with the console.
- 6. For treadmills only: remove the bolts attaching the console base to the right console mast. Check to see if the upper console cable and lower console cable are well connected.
- 7. Check the lower console cable connection to the lower control board. For treadmills, remove the motor cover. For bikes and elliptical, remove the side cover. For ascents, remove the front service panel.

### 8.3 SPEED DOES NOT DISPLAY(For BK/EP/AS)

#### 1) SYMPTOM:

The speed value do not display on console

#### 2) SOLUTION:

- Unplug power cord, remove the console and check that all connections to the console are secure and not damaged or pinched.
- 2. Remove the side cover and check to see if the sensor wire is connected well.
- 3. Check to see if one corner of the sensor is aligned with the magnet and the distance less than 5mm.

### 8.4 All or Some of the Function Keys Do Not Respond (For XR only)

#### 1) SYMPTOM:

All or Some of the Function Keys Do Not Respond.

#### 2) SOLUTION:

a. The keypad connection ribbon cable has not been plugged in correctly.

Check the connections of the keypad at the UCB.

Remove the console from the console bracket.

Remove the 6 screws holding the back of the console to the front.

Inspect the keypad ribbon cable connection at the UCB.

Even if the keypad ribbon cable appears to be connected correctly, unplug and reseat the cable, then retest.

b. The keypad is damaged, please refer to section 9.2-overlay replacement.

Replace the keypad.

c. The UCB is damaged.

Replace the UCB.

## 8.5 Speaker / Audio Issues (For XER/XIR)

#### 1) SYMPTOM:

The speaker or headphones have no sound output.

#### 2) SOLUTION:

- a. Confirm whether the speaker wire is well-connected with the UCB.
- b. If well-connected, make sure that the audio output short-circuit terminal is present and tight.
- c. Update the console software
- d. If the speakers have sound output, but headphones have no sound output, replace the headphone wire.

  If problems persist, replace the headphone board

## **CHAPTER 9: PARTS REPLACEMENT GUIDE**

### 9.1 XR CONSOLECONTROL BOARD REPLACEMENT

- 1). Remove six screws to separate upper and lower console cover. (Figure A)
- 2). Again to remove six screws to open back cover. (Figure B)
- 3). Unplug console connected wire from control board. (Figure C)
- 4). Remove 14 screws to replace upper control board.





Figure A Figure B



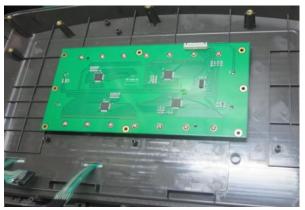


Figure C Figure D

## 9.2 OVERLAY REPLACEMENT (For XR)

- 1) Open the back of the console (refer to section 9.1)
- 2) Unplug the overlay ribbon cables
- 3) Remove the keypad from the front of the console
- 4) Remove the overlay from the console, replace with new parts

## **CHAPTER 9: PARTS REPLACEMENT GUIDE**





Figure A Figure B

# 9.3 TOUCH PANEL REPLACEMENT (For XIR and XER)

- 1) Open console cover, remove four screws securing TFT module.
- 2) Remove the yellow wire, and then replace TFT module.
- 3) Place new TFT module in the tray of water-proof rubber gasket;





## 9.4 SPEAKER REPLACEMENT

- 1) Remove audio input and output wire (figure 1) and (figure 2)
- 2) Remove the four screws (figure 3) and then take two speakers (figure 4) off to replace with new speakers;

# CHAPTER 9: PARTS REPLACEMENT GUIDE

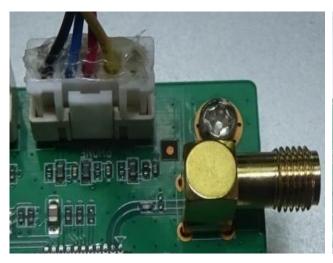




Fig 1 Fig 2

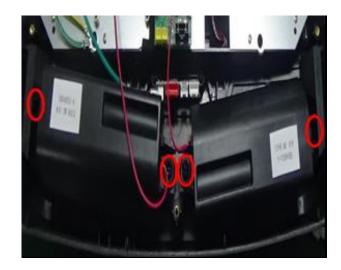




Fig 3 Fig 4