Elliptical Crank Arm Removal

Model: X6600HRT (EP35), X6600HRT (EP67)

T00LS: Crank disc remover (Z66EP35-Z08), Phillips screwdriver, 5 mm Allen Wrench, 6mm Allen wrench, 10mm Allen Wrench, 21mm socket, external retaining clip remover or 8mm Allen wrench and 17mm wrench

- 1. Remove DA arm pivot cap from console mast by prying off.
- 2. Remove four interior 6mm Allen screws.
- 3. Remove the plastic cover for the pedal arm to crank arm connection with Phillips screwdriver.
- 4. Remove the pedal arm from crank arm. You may do this two ways different ways.

Option 1: Using an external retaining clip remover remove the retaining clip that holds the bushing to the crank arm.

Option 2: Remove the bolt that attaches the pedal arm to the crank pin set using an 8mm Allen wrench and 17mm wrench.

- 5. Remove pedal arm from rear cover. NOTE: Removing the rubber mat is necessary.
- 6. Lift handlebar/ pedal arm assembly away from machine.
- 7. Remove center cover by pushing in and turning counterclockwise. CAUTION: There is a spring on the other side of the cap.
- 8. Remove crank axle nut using a 21mm socket, or 13/16" socket.
- 9. Assemble your crank disk remover. There are 3 screws, M6x1.0Px30L, which slide into the outside holes and one screw, M12x1.5Px60L, which threads into the center hole.
- 10. Thread the three outside screws into the crank arm/disc as far as possible.
 NOTE: On occasion it has been found that these screws are too long. If this is found to be true pick up another size from a local hardware store.
- 11. Tighten the center screw to the axle. This will cause a pushing force and pull the crank arm/disc from the axle.